

Gonna Get Down

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Tim Johnson (UK) - December 2023
音乐: DO IT FOR ME (feat. UGENE NGHT) - KATZIR



Count In: Dance begins after music intro (16 counts)

[1-8] Walk R, ¼ right, Sailor touch, ball cross, R side, behind ¼ forward

1-2 Walk forward R (1) Making a ¼ turn right step L to left side (2)
3&4 Step R behind L (3) Step L to left side (&) touch R next to L (4)
&5-6 Step weight onto the ball of your R (&) Cross L over R (5) Step R to right side (6)
7&8 Step L behind R (7) Making a ¼ turn right, step forward on R (&) Walk forward L (8)

***end facing 6 o'clock**

[9-16] Walk R, Step L diagonal, Rock recover side, L behind , ¼ R, ½ hip roll

1-2 Step forward R (1), Step L out to left diagonal (2)
3&4 Rock R behind L (3) Recover weight to L (&) Step R to right side (4)
5-6 Step L behind R (5) making a ¼ turn right, step forward R (6)
7-8 Making a ½ right, step back on L as you roll hips clockwise (7) continue rolling hips ending with weight on L (8)

***end facing 3 o'clock**

[17-24] Step R, hitch, R shuffle, Rock L, sweep, behind and in front

1-2 Step forward R (1) Lock L behind R as you hitch R knee up (2)
3&4 Step forward on R (3) Step L behind R (&) Step forward on R (4)
5-6 Rock forward on L (5) Recover onto R as you sweep L anticlockwise from front to back (6)
7&8 Step L behind R (7) Step R to right side (&) Cross L over R (8)

[25-32] R side rock, recover, weave, ¼, ½, ¼ sailor

1-2 Rock R to right side as you push hips to the right (1) recover weight back on L as you pull hips backwards (2)
3&4 Step R behind L (3) Step L to left side (&) Cross R over L (4)
5-6 making a ¼ turn left, step L to left side (5) making a ½ turn left step forward on R (6)
7&8 making a ¼ turn left, step L behind R (7) recover weight R (&) Step L to left side (8)

***end facing 3 o'clock**

End of dance, Smile and enjoy ☐