

Wrap Me Up

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lynn Luccisano (USA) - December 2023
音乐: Wrap Me Up - Jimmy Fallon & Meghan Trainor
或: Need a Boat - Morgan Wallen
或: Made You Look - Meghan Trainor



#32 count intro-start on the word "Tie"
No Tags & No Restarts!

Note: For a non Christmas song, this choreography can also be danced to
Need A Boat by Morgan Wallen-32 count intro-no tags or restarts
Made You Look by Meghan Trainor- 32 count intro- no tag or restarts

STEP BACK ON DIAGONAL R- L- R, TOUCH L, STEP BACK ON DIAGONAL L-R-L TOUCH R

1-2 Step RF back on slight diagonal angling body to the L diagonal, step LF together (10:30)
3-4 Step RF back on slight diagonal, touch LF next to RF
5-6 Step LF back on slight diagonal angling body to the R diagonal, step RF together (1:30)
7-8 Step LF back on slight diagonal, touch RF next to LF
[for styling you can fan your knees out in out as step back]

STEP BACK ON RF, TOUCH LF, STEP LF FWD, SCUFF/ HITCH RF, GRAPEVINE ¼ TURN L

1-2 Step back on RF, touch LF next to RF (12:00)
3-4 Step fwd on LF, scuff RF with a little hitch
5-6 Turn ¼ L stepping on the RF, Step LF behind RF (9:00)
7-8 Step RF to the R side, touch LF next to RF

GRAPEVINE OR ROLLING VINE LT, STEP RF FWD, STEP LF TOGETHER, STEP RF FWD, TOUCH LF

1-2 Step LF to the L side, step RF behind LF
3-4 Step LF to the L side, touch RF next to L
5-6 Step RF fwd, step LF next to RF
7-8 Step RF fwd, touch LF next to RF

[optional rolling vine: Turn ¼ L stepping on the LF (6:00), turn ¼ L stepping on the RF (3:00), turn ½ L stepping on the LF, touch RF next to LF (9:00)]

STEP LF BACK, TOUCH RF, TURN ¼ R ON RF, TOUCH LF, TURN ¼ R ON LF, TOUCH RF, BUMP R HIP UP DOWN

1-2 Step back on LF, touch RF next to LF
3-4 Turn ¼ R stepping on RF, (12:00), touch LF next to RF
5-6 Turn ¼ R stepping on LF, touch RF next to LF (3:00)
7-8 Bumps R hip up then down

End of dance! Merry Christmas! © Contact: Lynn Luccisano- cheralike13@aol.com

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