

I'm Dancing Alone

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Ivan Rundgren (SWE) - December 2023
音乐: Bring Me the Sunshine - Jess Penner



START DANCE ON WORD: A CARD No Tag or Restart :)

SEC 1. WALK FWD R L, ANCHOR STEP, SWEEP BACK L R, SAILOR 1/4 TURN L

1 2 Step fwd R (1) step fwd L (2)
3 & 4 Step R behind L (3) recover on L (&) larger step back on R (4)
5 6 Sweep and step back on L (5) Sweep and step back on R (6)
7 & 8 Sweep and step 1/4 turn L on L (7) step R next to L (&) step fwd L (8)

SEC 2. R AND L DOROTHY STEP, PIVOT 1/2 TURN L, FULL TURN FWD

1 2 & Step R diagonal fwd (1) lock L behind R (2) step R diagonal fwd (&)
3 4 & Step R diagonal fwd (3) lock L behind R (4) step R diagonal fwd (&)
5 6 Step fwd R (5) pivot 1/2 turn L (6)
7 8 1/2 turn L stepping back on R (7) 1/2 turn L stepping fwd L (8) ***

*** Easy option count 7-8 above: walk R L

SEC 3. STOMP, HOLD, BEHIND, SIDE, CROSS, SIDE, STOMP, HOLD, BEHIND, SIDE, CROSS, SIDE

1 2 Stomp R to R side (1) hold (2)
& 3 & 4 Step L behind R (&) step R to R (3) cross L over R (&) Step R to R side (4)
5 6 Step L to L side(5) hold (6)
& 7 & 8 Step R behind L (&) step L to L side (7) cross R over L (&) Step L to L side (8)

SEC 4. POINT, POINT, STEP, POINT, HIP BUMPS, POINT, POINT, STEP, POINT, HIP BUMPS

1 & 2 & Point R toe fwd (1) step back on R (&) point L toe fwd (2) step back on L (&)
3 & 4 & Point R toe fwd and bump R hip fwd (3) bump R hip back (&) bump R hip fwd (4) Step back on R (&)
5 & 6 & Point L toe fwd (5) step L back (&) point R toe fwd (6) Step back on R (&)
7 & 8 Point L toe fwd and bump L hip fwd (7) bump L hip back (&) bump L hip fwd (8)

Ending: 7th wall is your last wall and start (6,00) dance first 14 count then change count 7 - 8 to:

7 8 & 1/2 turn L stepping back on R (7) 1/4 turn L stepping fwd L (8) cross R over L (12,00)

Start over again!

Have fun & happy dancing, hugs from Sweden :)

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