

Diadema

拍数: 32 墙数: 2 级数: Novice
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音乐: Staycation - Josh Melton



*1 restart on 4th wall, 1 tag 40 counts,

SECT. 1 - HEEL SWITCHES – CLAP – ROCK SIDE - WAVE

1 RF heel touch fwd
& RF step in place
2 LF heel touch fwd
& LF step in place
3 RF heel touch fwd
& clap
4 clap
5 RF step side
6 LF recover weight
7 RF step behind
& LF step side
8 RF step cross over

SECT. 2 - ROCK SIDE – SHUFFLE CROSS – KICK BALL CROSS x 2

9 LF step side
10 RF recover weight
11 LF step cross over
& RF step side
12 LF step cross over
13 RF kick fwd
& RF step in place on ball
14 LF step cross over
15 RF kick fwd
& RF step in place on ball
16 LF step cross over

Restart here on 4th wall

SECT. 3 - BRUSH, HITCH, STEP CROSS – BRUSH, HITCH, STEP CROSS – TOUCH, STEP FWD – TOUCH, STEP FWD

17 RF brush fwd
& RF hitch
18 RF step fwd
19 LF brush fwd
& LF hitch
20 LF step fwd
21 RF turn body 1/8 to the left, touch side (10.30)
22 RF turn body 1/8 to the right, step fwd (12.00)
23 LF turn body 1/8 to the right, touch side (1.30)
24 LF turn body 1/8 to the left, step fwd (12.00)

SECT: 4 - STEP SIDE, TOUCH BESIDE – STEP SIDE, TOUCH BESIDE – STEP TURN – STEP TURN

25 RF big step Slightly diagonal
& LF drag
26 LF toe touch beside

- 27 LF big step Slightly diagonal
- & RF drag
- 28 RF toe touch beside
- 29 RF step fwd
- 30 ¼ turn left (9.00)
- 31 RF step fwd
- 32 ¼ turn left (6.00)

OPTION:

In section 3, for counts 17 & 18, 19 & 20, alternatively you can do sugar foot, step fwd - sugar foot, step fwd

- 17 RF toe touch instep
- & RF heel touch instep
- 18 RF step fwd
- 19 LF toe touch instep
- & LF heel touch instep
- 20 LF step fwd

TAG (40 COUNTS – after the 7th wall)

Sect.1 - Big step side, drag, hip roll

- 1 RF big step side
- 2,3 LF drag
- 4 toe touch beside
- 5,6, hip roll counter-clockwise
- 7,8 hip roll counter-clockwise

Sect. 2 - Big step side, drag, hip roll

- 1 LF big step side
- 2,3 RF drag
- 4 toe touch beside
- 5,6, hip roll clockwise
- 7,8 hip roll clockwise

Sect. 3 - Step cross over, hold – step cross over, hold – step cross over, full turn to the left

- 1 RF step cross over
- 2 hold
- 3 LF step cross over
- 4 hold
- 5 RF step cross over
- 6,7,8 full turn to the left (finish with weight on LF) (12.00)

Sect. 4 - Toe strut, toe strut – step cross over, full turn to the left

- 1 RF toe touch fwd
- 2 RF drop the heel
- 3 LF toe touch fwd
- 4 LF drop the heel
- 5 RF step cross over
- 6,7,8 full turn to the left (finish with weight on LF) (12.00)

Sect. 5 - ¼ turn, toe strut ¼ turn x4, toe strut

- 1 RF ¼ turn left toe touch fwd (9.00)
- 2 RF drop the heel
- 3 LF ¼ turn left toe touch fwd (6.00)
- 4 LF drop the heel
- 5 RF ¼ turn left, drop the heel (3.00)
- 6 RF drop the heel

- 7 LF ¼ turn left, drop the heel (12.00)
- 8 LF drop the heel

Last Update: 19 Dec 2023
