

It Feel So Long

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Annette Haslund (DK) - December 2023
音乐: Why's It Feel So Long - Keith Urban



Intro (32 count)

R SIDE ROCK CROSS, L CHASSE, R CROSS ROCK, R CHASSE ¼ TURN

1 – 3 Rock R to R side, recover on L, cross R over L
4&5 Step L to L side, step R beside L, step L to L side
6 – 7 Cross rock R over L, recover on L
8&1 Step R to R side, step L beside R, make at ¼ turn R stepping R fwd (3:00)*

L ROCK STEP, L SHUFFLE BACK, WALK BACK RL, R COASTER STEP

2 – 3 Rock L fwd, recover on R
4&5 Step L back, step R beside L, step L back
6 – 7 Walk back R and L
8&1 Step R back, step L beside R, step R fwd (3:00)

STEP ¼ TURN, L CROSS SHUFFLE, R SIDE ROCK, BEHIND SIDE CROSS

2 – 3 Step L fwd, make a ¼ R putting weight on R
4&5 Cross L over R, step R to R side, cross L over R
6 – 7 Rock R to R side, recover on L
8&1 Cross R behind L, step L to L side, cross R over L (6:00)

HOLD, BALL CROSS, HOLD, BALL JAZZ BOX CROSS

2 Hold
&3 On ball of L step L to L side, cross R over L
4 Hold
&5-8 On ball of L step L to L side, cross R over L, step L back, step R to R side, cross L over R (6:00)**

DANCE AND ENJOY

TAG 1 * Wall 3 dance the first 9 counts to 8&1

STEP ½ TURN, SHUFFLE ½ TURN, BACK ROCK, ¼ SIDE TOGETHER

2 – 3 Step L fwd, ½ turn R (weight on R)
4&5 ¼ R stepping L to L side, step R beside L, ¼ R stepping back on L
6 – 7 Rock R back, recover on L
8& (1) ¼ L stepping R to R side, step L beside R, (step R to R side)

Start the dance again on (1) ... Note: 8&1 = ¼ chasse

TAG 2&3 ** After wall 5 (12:00) & 6 (6:00) add

SIDE ROCK, BACK ROCK

1 – 4 Rock R to R side, recover on L, rock R back, recover on L

Start the dance again

ENDING: Wall 11 ends at 12:00: You can hear the music till count 32, but you can stop after count 27 (& cross)

Contact: ahfpost-dance@yahoo.dk

