

Best You Ever Had

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate / Advanced
编舞者: Ryan Hunt (UK) - December 2023
音乐: Best You Ever Had - Kvsh & Sandeville



Intro: 8 counts (after 4 seconds), on lyrics

Rock Forward, Sweep, Sweep, Behind Side Cross, HOLD, & Together, Cross

- 1-3 Rock forward L (1), recover R sweeping L from front to back (2), step back L sweeping R from front to back (3)
4&5-6 Cross R behind L (4), Step L to L side (&), Cross R over L (5), HOLD (6)
&7-8 Quickly step L to L side (&), Close R next to L (7), Cross L over R (8)

1/4 Low Kick, 1/2, Walk, Walk, Out Out, Shoulder Rolls, Jump/Flick

- 1-2 Make 1/4 L stepping back on R as you kick L forward (1) [9:00], Make 1/2 L stepping down on L (2) [3:00]
3-4&5 Walk forward R (3), Walk forward L (4), Step out on R (&), Step out on L so feet are shoulder width apart (5)
6-7 Roll R shoulder forward (6), Roll L shoulder forward (7)
8 Step/jump L next to R as you flick R out and back (with heel up and knee bent) (8)

Cross Heel Grind 1/8, & Step 1/2 Pivot, Walk, Walk, Shuffle Forward

- 1-2 Dig R heel across L (1), Grind R heel fanning toes from L to R with 1/8 R stepping back on L (2) [4:30]
&3-4 Quickly step R next to L (&), Step forward on L (3), Make 1/2 R taking weight on R (4) [10:30]
5-6 Walk forward L (5), Walk forward R (6)
7&8 Step L forward (7), Close R next to L (&), Step L forward (8)

Out Out, Pony Step, Pony Step, Rock Back, Recover

- 1-2 Step forward and out on R (1), Step forward and out on L (2)
3&4 Step back R as you hitch L knee (3), Recover weight down on L (&), Step back R as you hitch L knee (4)
5&6 Step back L as you hitch R knee (5), Recover weight down on R (&), Step back L as you hitch R knee (6)
7-8 Rock back on R (7), Recover on L (8)

Dorothy Step, 1/8 Heel Jack, HOLD, & Cross, Side, Touch Behind, Unwind Full Turn

- 1-2 Step R forward (1), Lock L behind R (2)
&3-4 Make 1/8 L stepping R to R side (&) [9:00], Dig L heel into L diagonal (3), HOLD (4)
&5-6 Quickly step L next to R (&), Cross R over L (5), Step L to L side (6)
7-8 Touch R toes behind L heel (7), Unwind Full Turn R taking weight onto R (8) [9:00] *

Side Rock, & Side Rock, Cross Shuffle, 1/2 Cross, HOLD

- 1-2 Rock L to L side (1), Recover on R (2)
&3-4 Quickly close L next to R (&), Rock R to R side (3), Recover on L (4)
5&6 Cross R over L (5), Step L to L side (&), Cross R over L (6)
7-8 Make 1/2 L Crossing L over R (7) [3:00], HOLD (8)

(&) Cross, Side Rock, Recover, Samba Turn 1/8 w/ Hitch, Behind, 1/4, Shuffle 1/2 Back

- &1-3 Quickly Step R next to L (&), Cross L over R (1) **, Rock R to R side (2), Recover on L (3)
4&5 Cross R over L (4), Step L to L side (&), Make 1/8 R stepping back on R as you hitch L knee (5) [4:30]
6-7 Step back on L and behind R (6), Make 1/4 R stepping forward on R (7) [7:30]

8&1 Make 1/4 R stepping L to L side (8) [10:30], close R next to L (&), Make 1/4 R stepping back on L (1) [1:30]

Rock Back, Recover, Kick & Point, HOLD, & Point, 3/8 Monterey

2-3 Rock back on R (2), Recover on L (3)

4&5-6 Kick R forward (4), Close R next to L (&), Point L to L side (5), HOLD (6)

&7-8 Quickly close L next to R (&), Point R to R side (7), Make 3/8 R stepping R next to L (8) [6:00]

Restart – On Wall 1, dance up to and including count 40 (*), but only unwind 3/4 and restart facing 6:00

Tag – At the end of Wall 3 facing 6:00, add the following 4 count tag, and then start Wall 4 facing 12:00:

Slow Motion 1/2 Pivot

1-4 Step forward on L (1), slowly make 1/2 R (2-3), transfer weight onto R (4) [12:00]

Ending – On Wall 5, dance up to and including count 49 (), look and click to 12:00 as if skimming a pebble across water (you'll hear a splash noise!)**
