

# Loud and Strong

COPPERKNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Claudia Arndt (DE) - November 2023  
音乐: Skal - Miracle of Sound



**Info: The dance begins on 'Raise your horns into the air' (2+2 walls)**

## **S1: Walk 2, shuffle forward r + l**

1-2                      2 steps forward (r - l)  
3&4                      Step forward with right foot - Bring left foot close to right and step forward with right  
5-6                      2 steps forward (l - r)  
7&8                      Step forward with your left foot - put your right foot in front of your left foot and step forward with your left foot

## **S2: Step, pivot ¼ l, shuffle across, ¼ turn r, ¼ turn r, shuffle across**

1-2                      Step forward with right - 1/4 turn left on both feet, weight at end left (9 o'clock)  
3&4                      Cross right foot far over left - Small step to the left with left and right foot far above left cross  
5-6                      1/4 turn to the right and step backwards with left - 1/4 turn to the right and step to the right with right (3 o'clock)  
7&8                      Cross left foot far over right - Small step to the right with right and left foot far over Rights Giants

**(Restart: In the 2nd round - direction 9 o'clock - break off here and start again)**

## **S3: Rock side, behind-side-cross, rock side, behind-¼ turn r-step**

1-2                      Step right with right - weight back on left foot  
3&4                      Cross right foot behind left - step left with left and right foot cross over left  
5-6                      Step left with left - weight back on right foot  
7&8                      Cross left foot behind right foot - 1/4 turn to the right, step forward with right and step after front with left (6 o'clock)

## **S4: Walk 2, Mambo forward, back 2, coaster step**

1-2                      2 steps forward (r - l)  
3&4                      Step forward with right foot - weight back on left foot and step back with right  
5-6                      2 steps backwards (l - r)  
7&8                      Step backwards with the left - bring your right foot closer to your left foot and take a small step forward with your left

**(Restart: In the 3rd and 5th round - towards 3 o'clock - break off here and start again)**

## **S5: Side, drag/close 2x, rolling vine l**

1-2                      Step right with right (bend your knees slightly, wiggle your shoulders and your hands drum) - Pull/place your left foot on your right foot (Straighten up again; on 'skal' right fist forward push)  
3-4                      How 1-2  
5-8                      3 steps in the direction to the left, making a full turn to the left (l - r - l) - right foot next to left tap

## **S6: Side, drag/close 2x, rolling vine l**

1-8                      Same as Step Sequence S5

**(End: The dance ends after the 6th round - towards 9 o'clock; at the end '1/4 turn to the right and stamp right foot in front' - 12 o'clock)**

**Repeat to the end**

