

Una Bella Canzone

COPPERKNOB
STEPPESHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Dirk Leibing (DE), Gudrun Schneider (DE) & Tobias Jentzsch (DE) - November 2023
音乐: Se Bastasse Una Canzone - Eros Ramazzotti



Intro : 8 counts(8 sec.) – start with the lyrics

(I) Step Hitch, Back Sweep, Back Hitch, Behind, Side, Cross, Rock fwd., Back(R L), Rock back, Recover, Turn 3/8

1-2 Step LF forward while hitch RF(1), Step RF back while sweeping LF back(2)
3 Step LF back while hitch RF(3)
4&a5 Step RF behind LF(4), Step LF left(&), Step RF forward(a)(10:30), Rock LF forward(5)
6a7 Recover on RF(6), Step LF next to RF(a), Rock RF back(7)
8a Recover on LF(8), Turn 3/8 left stepping RF back(a)(6:00)

(II) Sway(L-R-L), 1/4 Diamond, Forward(L+R)

1-2 Sway left stepping LF left(1), Sway right(2)
* In wall 5 add here two more Sways and Restart the dance to the 6:00 wall
3 Sway left sweeping RF in front of LF(3)
4&a5 Step RF in front of LF(4), Step LF back(&)(7:30), Step RF back(a), Step LF back(5)
6&a Step RF back(6), Steo LF back(&), Turn 1/8 right stepping RF right(a)(9:00)
7-8 Step LF forward drag RF next to LF(7), Step RF forward drag LF next to RF(8)

(III) Rock, 1/2 Turn left, Full Turn right, Step 1/4 Turn right, Cross, Sweep 1/8 Turn left, Touch

1 Rock LF forward(1)
2a3 Recover on RF(2), Turn 1/2 left stepping LF forward(a)(3:00), Step RF forward(3)
4a Turn 1/2 right stepping LF back(4)(9:00), Turn 1/2 right stepping RF forward(3:00)
5-6 Step LF forward(5), turn 1/4 right weight on RF now(6)(6:00)
7-8 Cross LF in front of RF sweep RF and Turn 1/8(7)(4:30), Touch RF next to LF(8)

(IV) Cross, Side, Rock(R+L), Rock, Recover, Back, Rock Back, Recover, Rock, Recover with Hook

1&a Cross RF in front of LF(1), Rock LF left(&), Recover on RF(a)
2&a Cross LF in front of RF(2), Rock RF right(&), Recover on LF(a)
3 Rock RF forward(3)
4a5 Recover on LF(4), Step RF back(a), Rock LF back(5)
6-7 Recover on RF(6), Rock LF forward(7)
8 Recover on RF and Hook LF in front of RF(8)

Start again

Have Fun

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