

# Dragging These Roots

拍数: 32                      墙数: 2                      级数: Beginner / Improver  
编舞者: Paul McQueen (AUS) - 27 November 2023  
音乐: Dragging These Roots - Jelly Roll



**Introduction 16 Beats. This Is A 2 Wall Dance**

## JAZZ BOX WITH TOE STRUTS

1, 2                      Step R Toe Across L, Drop R Heel To The Floor,  
3, 4                      Step L Toe Backward, Drop L Heel To The Floor,  
5, 6                      Step R Toe To Right Side, Drop R Heel To The Floor,  
7, 8                      Cross L Toe Across R, Drop L Heel To The Floor, (12.00)

## VINE RIGHT & TOUCH, VINE LEFT & TOUCH

1, 2                      Vine: Step R To The Right Side. Step L Behind R,  
3, 4                      Step R To The Right Side, Touch L Toe Beside R,  
5, 6                      Vine: Step L To The Left Side, Step R Behind L,  
7, 8                      Step L To The Left Side, Touch R Toe Beside L, (12.00)

## TWO ¼ TURN MONTEREYS

1, 2                      Touch R Toe To Right, Turn ¼ Right As You Step R Next To L, (3.00)  
3, 4                      Touch L Toe To Left Side, Step L Next To R,  
5, 6                      Repeat Counts 1-2 Above, (6.00)  
7, 8                      Repeat Counts 3 -4 Above,

## HEEL STRUT, HEEL STRUT, HEEL STRUT, HEELSTRUT

1, 2                      Strut: Step R Heel Forward, Drop R Toe To The Floor,  
3, 4                      Strut: Step L Heel Forward, Drop L Toe To The Floor,  
5, 6                      Strut: Step R Heel Forward, Drop R Toe To The Floor,  
7, 8                      Strut: Step L Heel Forward, Drop L Toe To The Floor (6.00)

**[32] Repeat The Dance In The New Direction**

**Restarts Are On Wall 5 And Wall 11: Dance To Ount 16, And Restart**

**Tags Are At The End Of Walls 1, 6, & 12. Add The Following Steps:**

1, 2                      Slow Paddle: Step R Forward, Hold,  
3, 4                      Turn ¼ Left Take Weight Onto L, Hold,  
5, 6                      Slow Paddle: Step R Forward, Hold,  
7, 8                      Turn ¼ Left Take Weight Onto L, Hold,

**This Dance Was Designed For My Beginner Classes, Giving Them Practice With Various Struts - Across, Backward, Sideways And Forward.**

**The Dance Also Gives ¼ Turn Monterey Practice.**

## Contact Details

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