Spirits and Demons



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Brenda Shatto (USA) - October 2023

音乐: Spirits and Demons (feat. Meghan Patrick) - Michael Ray



Notation: 12 count tag after wall 3 facing 6:00. See description below.

Intro: 24 counts, weight on R, start on the word "goodbyes"

[1-6] Step L diagonal, R back twinkle

Long step forward on L to left diagonal slowly drawing R in part of the way (10:30)

456 Cross R behind L, step L to left, step R next to left

[7-12] Cross L back & Sweep R, R basic 1/4 turn right

123 Cross L Back as you sweep R front to back starting ¼ turn right

456 Step R back as you finish ¼ turn right, step L beside R, small step forward R (3:00)

[13-18] Forward L, slow kick R, back R, hook L

123 Step forward L, develope` kick with R (lift from knee then straighten leg) over 2 counts

456 Step R back, hook L across R over 2 counts

[19-24] Forward L, R, pivot ½ left, Forward R, full spiral turn left

123 Step forward L, forward R, turn ½ left taking weight L (9:00)

456 Step forward R with prep & soft bend in knees, spiral full turn left on R & hook L over R* (2

counts)

*No turn (5-6): Brush L forward, hook L across R

[25-30] ½ turn left Fallaway

Turn ½ left step L forward (7:30), turn ½ left step R to right, turn ½ left step L back (4:30)

456 Step R back, turn 1/2 left step L to left, turn 1/2 left step R across L (1:30)

[31-36] % turn left Fallaway

123 Step L forward, turn 1/8 left step R to right, turn 1/8 left step L back (10:30)

456 Step R back, turn 1/8 left step L to the left, step R across L (9:00)

[37-42] Point, hold, 1/4 turn left small step forward, point, hold, cross

Point L to left, hold, slide/step L across and in front of R as you turn ¼ left (6:00)

456 Point R to right, hold, cross R over L

[43-48] Side, cross, hold, unwind full turn left

123 Step L to left, cross R over L (hit the strong beats), hold

Unwind full turn left- weight ends R (6:00) *No turn: step/sway L to left, recover to R & tap L

next to R

Tag after wall 3 facing 6:00

L sway forward, recover R, L sway back, recover R (Think slow-swaying rocking chair)
Step and sway slowly forward to L diagonal (4:30), 456 slowly recover/sway to R
Step L back and sway slowly backward to L (4:30), 456 slowly recover/sway to R

Ending- Wall 10 starts at 6:00. Dance through count 18 facing 9:00 and do the following:

1-2 Make ¼ turn right and step L out to left, step R out to right

