

Your Hands

拍数: 32 墙数: 4 级数: Novice
编舞者: Pierre Bocca (FR) & Marie-Odile Jélinek (FR) - October 2023
音乐: Your Hands - Katie Linendoll



Dance starts after 16 counts at the intro of Lyrics « Your Hands »

• This Choreography was written for the Workshop of Club «Friend's Country of Vauvert »
Hold on LF

[1to8] WALK R-L FWD-COASTER STEP -STEP ¼ TURN SIDE-CROSS-STEP BACK ¼ TURN L-STEP ¼ TURN L-CROSS R

1-2 Walk RF - Walk LF
3&4 Step back Ball RF (3) -LF Sole next to RF (&) - RF fwd (4)
5&6 LF fwd-1/4 Turn to the R with (BW) on RF- Cross LF front of RF
7&8 ¼ Turn to the L while posing RF behind- ¼ Turn to the L while posing LF to the L - Cross RF front of LF

Here : 1st Tag/Restart at 8 Counts after this 1st Wall Face towards 3H

[9to16] SCISSORS CROSS X 2 - LEFT KICK & POINT - RIGHT KICK & POINT

1&2 LF to L - RF next to LF - LF crossed fwd
3&4 RF to R - LF next to RF - RF crossed fwd
5&6 Kick LF fwd - Bring back LF next to RF- Point RF to the R
7&8 Kick RF fwd -Bring back RF next to LF - Point LF to the L
2 nd Tag/Restart of 4 Counts after this 2nd Mur Face towards 6H

[17to24] ROCK STEP FORWARD - ¼ TURN SIDE TRIPLE - R CROSS RECOVER R SIDE -L CROSS RECOVER-L SIDE

1-2 Step LF fwd - Return on RF
3&4 ¼ to L in Triple Step (L-R-L) on L side
5&6 Cross RF front of LF (5) -Return hold on LF (&) -RF to the R (6)
7&8 Cross LF front of RF (7) -Return hold on RF (&) -LF to the L (8)

[25to32] L WEAVE SYNCOPATED HEEL- R STEP NEXT TO L- CROSS L - R STEP R- 1/4 TURN L SAILOR STEP

1-2 Cross RF front of LF - LF to the L
3&4 Cross RF slightly behind LF (3) - LF to the L (&) - Pose LH in Diagonal fwd L (4)
&56 Place back RF next to LF (&) -Cross LF front of RF (5) - Pose RF to the R (6)
7&8 LF crossed behind RF in ¼ Turn to the L- RF to the R - LF fwd

*1st Tag/Restart of 8 Counts after 1st Mur Face towards 3h

*2nd Tag/Restart de 4 Counts after 2nd Mur Face towards 6h

*3rd Tag/Restart of : 8 + 4 Counts reuniting the first 2 Tags/Restarts after the 4th Mur Face towards 3h

*1st tag/Restart

FWD STEP-TOUCH BACK-BACK STEP-KICK FWD- BACK STEP LOCK STEP-COASTER STEP-KICK BALL STEP

1&2 RF fwd (1) - Point LF next to RF (&) - LF back (2)
&3&4 Kick RF fwd- Pose RF behind - Cross LF front of RF - RF back
5&6 LF back -RF gathered at LF -LF fwd
7&8 KICK RF fwd -BALL Step RF next to LF - LF fwd

*2nd Tag/Restart

JAZZ BOX ¼ TURN RIGHT

1-2 Cross RF front of LF - LF back (start 1/4 turn to the R)

3-4 1/4 turn to the R pose RF to the R – Stomp next to RF

***3rd Tag/Restart of : 8 + 4 Counts reuniting the first 2 Tags/Restarts above.**

You'll end your dance naturally on 12H * « Joyeuse Danse à Toutes & Tous »
