

Give it to Me Cha

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Give It to Me - Lucky Luke



3 Walks, Shuffle fwd, Rock, Recover, Behind Side Cross 1/4L

1-2-3 Walk R,L,R forward (1,2,3),
4&5 Step L forward (4), Lock R behind L (&), Step L forward (5)
6-7 Rock R forward (6), Recover (7),
8&1 Step R back (8), 1/4L Step L to L (&), Cross R over L (1)

1/4L Step, 1/4L Swipe, Shuffle forward, Step, Spiral 3/4R, Chassé R

2-3 1/4L Step L forward (2), Sweep R and do a 1/4L (3),
4&5 Step R forward (4), Lock L behind R(&), Step R forward (5),
6-7 Step L forward (6), On your L foot, turn 3/4R (7), your weight still on your L
8&1 Step R to R (8), Step L next to R (&), Step R to R (1),

Jazz Box 3/8L, 3 Walks, Rock fwd

2-3 Cross L over R (2), 1/4L Step R back (3),
4-5 Step L to L (4), 1/8L Step R forward (5)
6-7-8 Walk L,R,L forward (6,7,8)
1 Rock forward and touch L behind R (1),

Option:

6&7 Step L forward (6), Step R forward (&), Lock L behind R (7)
&8 Step R forward (&), Step L forward (8),
&1 Step R forward (&), Touch L behind R (1),

2 Back Sweeps, Shuffle back, 1/8R Back Rock, Recover, Step Turn

2-3 Step L back and Sweep R (2), Step R back and Sweep L (3),
4&5 Step L back (4), Lock R over L (&), Step L back (5),
6-7 1/8R and Rock R back (6), Recover (7),
8& Step R forward (8), Pivot 1/2L Step L forward (&),

Start the dance again stepping forward on count 1

Enjoy and have fun !