

# Locomotive

拍数: 32      墙数: 2      级数: Beginner - Polka  
编舞者: Denise Schröder (DE) - November 2023  
音乐: Locomotive - Sawyer Brown



**Start: 40 Counts, Start on vocal**

**[1-8] Shuffle Forward R, Shuffle Forward L, Step Turn Left 1/2, Shuffle Forward R**

1&2      Step RF forward; Step LF behind RF; Step RF forward [12 o'clock]  
3&4      Step LF forward; Step RF behind LF; Step LF forward [12 o'clock]  
5,6      Step RF forward; Turn ½ left; Recover to LF [6 o'clock]  
7&8      Step RF forward; Step LF behind RF; Step RF forward [6 o'clock]

**[9-16] Rock Step Forward, Coaster Cross, Diagonal Forward Gallops R**

1,2      Step LF forward; Recover to RF [6 o'clock]  
3&4      Step LF backward; Step RF to LF; Step LF cross over RF [6 o'clock]  
5&6&      Step RF diag. forward; Step LF to RF, Step RF diag. Forward; Step LF to RF [7:30 o'clock]  
7&8      Step RF diag. Forward; Step LF to RF; Step RF diag. forward [7:30 o'clock]

**[17-24] Jazz Box Cross, Diagonal Forward Gallops L**

1,2      Step LF cross over RF, Step RF backward [6 o'clock]  
3,4      Step LF to left; Step RF cross over LF [6 o'clock]  
5&6&      Step LF diag. forward; Step RF to LF, Step LF diag. Forward; Step RF to LF [4:30 o'clock]  
7&8      Step LF diag. Forward; Step RF to LF; Step LF diag. forward [4:30 o'clock]

**[25-32] Cross Rock, Slide, Behind Side Cross, Kick Ball Change**

1,2      Step RF cross over LF; Recover to LF [6 o'clock]  
3,4      Step RF to right; slide LF to RF [6 o'clock]  
5&6      Step LF behind RF; Step RF to right; Step LF cross over RF [6 o'clock]  
7&8      Kick RF forward; Step RF on ball to LF; Step LF in place [6 o'clock]

**Last Update - 13 Mar. 2024 - R1**

---