Nowhere I Care to Be



拍数: 32 墙数: 4 级数: Easy Intermediate

编舞者: Kirsty Harpham-Fox (UK)

音乐: Ain't Got a Worry (feat. Blake Shelton) - Old Dominion



Intro: 16 counts (approx. 11s) – Start on vocals (1 Restart in Wall 5)

S1 Side Rock, Recover, Cross, Side L, Tog	ogether. Fwd. R Mambo.	. Diag Back Rock L.	Recover. Step
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1&2 Rock R to R side, recover weight on L (&), cross step R over L
3&4 Step L to L side, step R next to L (&), step forward on L
5&6 Rock forward on R, recover weight on L (&), step back on R

7&8 Rock L diagonally back behind R, recover weight on R (&), step L diagonally forward L 12:00

S2 R Vaudeville, Cross Shuffle, Monterey ½ Turn, R Kick Ball Change

1&2& Cross step R over L, step back on L (&), touch R heel forward, step R next to L (&)

3&4 Cross step L over R, step R to R side (&), cross step L over R

5&6& Point R to R side, make ½ turn R stepping R next to L (&), point L to L side, step L next to R

(&) 6:00

7&8 Kick R forward, step ball of R next to L (&), step L next to R

(see note # below about optional arms here in Walls 1 & 3)

S3 Step R, Touch L, Back L, 3/4 Turn R, Rock Fwd, Recover, Side Rock, Recover, L Coaster

1&2 Step forward on R, touch L behind R (&), step back on L

3&4 Make a ¾ turn R stepping R, L, R

(easier option for counts 3&4: step back on R, make 1/4 turn L stepping L next to R (&), step forward on R)

3:00

5&6& Rock forward on L, recover weight on R (&), rock L to L side, recover weight on R (&)

7&8 Step back on L, step R next to L (&), step forward on L

RESTART: During WALL 5, dance up to and including S3 count 8 then RESTART here facing 3.00.

S4 R Toe, Heel, Step, L Toe, Heel, Step, R Mambo ½ Turn R, Full Turn R, Step L

Touch R toe to L instep, touch R heel to L instep (&), step forward on R

Touch L toe to R instep, touch L heel to R instep (&), step forward on L

Rock forward on R, recover weight on L (&), make ½ turn R stepping forward on R 9:00

Make ½ turn R stepping back on L, make ½ turn R stepping forward on R (&), step L next to

R

(easier option for counts 7&8: step fwd on L, step R next to L (&), step fwd on L)

Start the dance again

ENDING: Dance up to and including count 6& of S2 then replace the R Kick Ball Change with a Monterey ½ turn to finish facing 12 o'clock with L toe pointing to L side.

OPTION: # Optional Arms for a bit of fun during Walls 1 & 3: At the end of S2 after count 8 (R Kick Ball Change), when you hear the lyric "Ain't Got a Worry In The World", throw your arms in the air.