

Wanna Get Numb!

拍数: 32 墙数: 4 级数: Beginner
编舞者: Charlie Bowring (UK) - November 2023
音乐: Numb - Marshmello & Khalid



Intro: 16 Count Intro (Approx 8 secs)

S1: RIGHT TOUCH, KICK, CROSS, BACK, CHASSE RIGHT, ROCK BACK, RECOVER

1-4 Touch Right slightly to Right side, Kick Right forward, Cross Right over Left, Step back on Left
5&6 Step Right to Right side, (&) Close Left beside Right, Step Right to Right side
7-8 Rock Left back behind Right. Recover weight on Right. 12:00

S2: CHASSE LEFT, ROCK BACK RECOVER, RIGHT SIDE, LEFT BEHIND, CHASSE ¼ RIGHT

1&2 Step Left to Left side, (&) Close Right beside Left, Step Left to Left side.
3-4 Rock Right back behind Left, Recover weight on Left
5-6 Step Right to Right side, Step Left behind Right
7&8 Step Right to Right Side, (&) Close Left to Right, ¼ turn Right stepping Right forward 3:00

S3: ROCKING CHAIR, LEFT STEP FORWARD, ½ TURN RIGHT, STEP LEFT FORWARD, BRUSH RIGHT

1-2 Rock forward on Left, recover on Right
3-4 Rock back on Left, recover on Right
5-6 Step Left Forward, ½ Turn Right 9:00
7-8 Step Left Forward, Brush Right forward

S4: SYNCOPATED V STEP. HITCH, BUMP HIPS RIGHT, LEFT, RIGHT LEFT

&1 Step forward and out Right, Step forward and out Left,
2 Hold (with finger clicks)
&3 Step back and in Right, Step back and in Left
4 Hitch Right knee slightly across Left
5-8 Step Right to Right side bumping hips Right, Left, Right, Left

Easy alternative to syncopated V Step

RIGHT V STEP (1-4)

1-4 Step Right forward to Right diagonal (45 deg), Step Left forward to Left diagonal (45 deg),
Step Right back to centre, Step Left beside Right

Dance ends on Wall 9: Dance up to count 30 (Bump right, left).

31-32 ¼ turn Right stepping on Right, Step slightly forward with Left 12:00