

Farmer Rock (Let's Dance)

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 0 级数: Low Advanced
编舞者: Fabian Müller (CH) - November 2023
音乐: OLD COUNTRY BARN - James Johnston



Description A 48 Counts, B1 32 Counts,
B2 16 Count, B3 15 Counts, Tag 49 Counts

Seq: A – B1 – B2 – A – B1 – B3 – Tag – B1(17-32) – B1 – B1 - Final

Part A

Sect 1 SCUFF, STEP, SCUFF, STEP, SCUFF, MAMBO STEP, COASTER STEP, SCUFF, STEP, STOMP, STOMP

&1 & 2 Scuff L next to R – Step forward L – Scuff R next to L – Step forward R
&3 & 4 Scuff L next to R – Rock forward L – Recover R – Step Back L
5 & 6 Step back R – Step L next to R – Step forward R
&7 & 8 Scuff L next to R – Step forward L – Stomp R forward- Stomp L forward

Sect 2 KICK, HOOK, KICK, STOMP, KICK, HOOK, KICK, STOMP, WEAVE, ¼ TURN, ROCK, RECOVER, ¼ TURN, STOMP, STOMP

&1 & 2 Kick forward R – Hook R in front of L – Kick forward R – Stomp R next to L
&3 & 4 Kick forward L – Hook L in front of R – Kick forward L – Stomp L next to R
&5 & 6 Side step R – Cross L behind R – Side step R – Cross L in front of R
&7 & 8 ¼ Turn right and rock forward R – Recover L – ¼ Turn right and stomp R to side – Stomp forward L

Sect 3 POINT, STEP, POINT, STEP, SCUFF, SHUFFLE, ROCK STEP, RECOVER, ½ TURN, STEP, SCUFF, STEP, STOMP, STOMP

&1 & 2 Point R to right – Step forward R – Point L to left - Step forward L
&3 & 4 Scuff R next to L – Step forward R – Step L closed behind R – Step forward R
5 & 6 Rock forward L – Recover R – ½ Turn left and step forward L
&7 & 8 Scuff R next to L – Step forward R – Stomp forward L – Stomp forward R

Sect 4 SCUFF, VAUDEVILLE, VAUDEVILLE, MAMBO STEP, COASTER CROSS

&1 & 2 Scuff L next to R – Cross L in front of R – Side step R – Heel diagonal forward L to left
&3 & 4 Step slightly back L – Cross R in front of L – Side step L – Heel diagonal forward R to right
& 5 & 6 Step on R – Rock forward L – Recover R – Step back L
7 & 8 Step Back R – Step L next to R – Cross R in front of L

Sect 5 SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, CROSS, KICK BALL CROSS, SIDE, HEEL, STOP

1 & 2 Side rock step L – Recover R – Cross L in front of R
3 & 4 Side rock step R – Recover L – Cross R in front of L
5 & 6 & Kick diagonal forward L to left – Step on ball of L – Cross R in front of L – Side step R
7 – 8 Heel diagonal forward R to right – Stomp up R diagonal forward to right

Sect 6 STOMP, HEEL BOUNCE 3x, STOMP, CROSS, UNWIND

1 & 2 & Stomp up R diagonal forward to right – Raise R heel – Lower R heel – Raise R heel
3 & 4 Lower R heel – Raise R heel - Lower R Heel
5 – 6 Stomp R diagonal forward to right – Cross L in front of R
7 – 8 Full turn unwind right ending with weight on L

Part B1

Sect 1 KICK, KICK, KICK, FLICK, KICK, KICK, KICK, SLIDE, ¼ SAILOR TURN

- 1 & 2 & Scoot diagonal forward L to right and kick R forward – Step on R – Scoot diagonal forward R to left and kick L forward – Step on L
- 3 & 4 & Scoot diagonal forward L to right and kick R forward – Scoot diagonal forward L to right and flick R back – Scoot diagonal forward L to right and kick R forward – Step on R
- 5 & 6 & Scoot diagonal forward R to left and kick L forward – Step on L – Scoot diagonal forward L to right and kick R forward – Step on R
- 7 – 8a & ¼ Turn right and slide L – ¼ Turn right and step back R – Step L next to R – Step forward R

Sect 2 KICK, KICK, KICK, FLICK, KICK, KICK, KICK, SLIDE, ¼ SAILOR TURN

- 1 & 2 & Scoot diagonal forward R to left and kick L forward – Step on L – Scoot diagonal forward L to right and kick R forward – Step on R
- 3 & 4 & Scoot diagonal forward R to left and kick L forward – Scoot diagonal forward R to left and flick L back – Scoot diagonal forward R to left and kick L forward – Step on L
- 5 & 6 & Scoot diagonal forward L to right and kick R forward – Step on R – Scoot diagonal forward R to left and kick L forward – Step on L
- 7 – 8a & ¼ Turn left and slide R – ¼ Turn left and step back L – Step R next to L – Step forward L

Sect 3 OUT, HOOK, OUT, HOOK, OUT, HOOK, ¼ TURN KICK, ¼ TURN KICK, STEP, ½ TURN TOUCH, ½ TURN KICK, STEP, SLIDE, ¼ FLICK

- 1 & 2 & Jump diagonal out R forward – Hook R in front of L – Jump diagonal out L forward – Hook L in front of R
- 3 & 4 & Jump diagonal out R forward – Hook R in front of L – ¼ Turn right and kick forward R – ¼ Turn right and kick forward L
- 5 & 6 ½ Turn right, jump on L and touch back R – ½ Turn right, jump on L and kick forward R – Step on R
- 7 – 8 Big side step L and slide R towards L – ¼ Turn right and flick back R

Sect 4 ROCK STEP, ½ TURN, ROCK, BACK ROCK, ½ TURN, STEP BACK, ¼ SAILOR TURN, SLIDE, COASTER STEP

- 1 & 2 & Rock forward R – Recover L – ½ Turn right and rock forward R – Recover L
- 3 & 4 Back rock step R – Recover L – ½ Turn left and step back R
- 5 & 6 & ¼ Turn left and step back L – Step R next to L – Cross L in front of R – Big side step R
- 7 – 8a & Slide L towards R – Step back L – Step R next to L – Step forward L

Final:

In sect 4 use the big side step and slid from count & 7 for a ½ turn left

Part B2**Sect 1 KICK, KICK, KICK, FLICK, KICK, KICK, KICK, SLIDE, ¼ SAILOR TURN**

- 1 & 2 & Scoot diagonal forward L to right and kick R forward – Step on R – Scoot diagonal forward R to left and kick L forward – Step on L
- 3 & 4 & Scoot diagonal forward L to right and kick R forward – Scoot diagonal forward L to right and flick R back – Scoot diagonal forward L to right and kick R forward – Step on R
- 5 & 6 & Scoot diagonal forward R to left and kick L forward – Step on L – Scoot diagonal forward L to right and kick R forward – Step on R
- 7 – 8a & ¼ Turn right and slide L – ¼ Turn right and step back R – Step L next to R – Step forward R

Sect 2 KICK, KICK, KICK, FLICK, KICK, KICK, KICK, SLIDE, ¼ SAILOR TURN

- 1 & 2 & Scoot diagonal forward R to left and kick L forward – Step on L – Scoot diagonal forward L to right and kick R forward – Step on R
- 3 & 4 & Scoot diagonal forward R to left and kick L forward – Scoot diagonal forward R to left and flick L back – Scoot diagonal forward R to left and kick L forward – Step on L
- 5 & 6 & Scoot diagonal forward L to right and kick R forward – Step on R – Scoot diagonal forward R to left and kick L forward – Step on L
- 7 – 8a (&) ¼ Turn left and slide R – ¼ Turn left and step back L – Step R next to L – (Continue with scuff L next to R from part A)

Part B3

Sect 1 KICK, KICK, KICK, FLICK, KICK, KICK, KICK, SLIDE, ¼ SAILOR TURN

- 1 & 2 & Scoot diagonal forward L to right and kick R forward – Step on R – Scoot diagonal forward R to left and kick L forward – Step on L
- 3 & 4 & Scoot diagonal forward L to right and kick R forward – Scoot diagonal forward L to right and flick R back – Scoot diagonal forward L to right and kick R forward – Step on R
- 5 & 6 & Scoot diagonal forward R to left and kick L forward – Step on L – Scoot diagonal forward L to right and kick R forward – Step on R
- 7 – 8a & ¼ Turn right and slide L – ¼ Turn right and step back R – Step L next to R – Step forward R

Sect 2 KICK, KICK, KICK, FLICK, KICK, KICK, KICK, SLIDE, ¼ SAILOR TURN

- 1 & 2 & Scoot diagonal forward R to left and kick L forward – Step on L – Scoot diagonal forward L to right and kick R forward – Step on R
- 3 & 4 & Scoot diagonal forward R to left and kick L forward – Scoot diagonal forward R to left and flick L back – Scoot diagonal forward R to left and kick L forward – Step on L
- 5 & 6 & Scoot diagonal forward L to right and kick R forward – Step on R – Scoot diagonal forward R to left and kick L forward – Step on L
- 7 ¼ Turn left and slide R

Tag Person 1, Person 2, together

- 8 & ¼ Turn left and step back L – Step R next to L

Sect 1 SAILOR TURN

- 1 – 2 & Step forward L – ¼ Turn left and step back L – Step R next to L
- 3 – 4 & Step forward L – ½ Turn right and step back R – Step L next to R
- 5 – 6 & Step forward R – ½ Turn right and step back R – Step L next to
- 7 – 8 & Step forward R – ¼ Turn left and step back L – Step R next to L

Sect 2 SAILOR TURN, START OF LOCK STEP

- &1 & 2 Step forward L – ¼ Turn left and step back L – Step R next to L
- 3 – 4 & Step forward L – ½ Turn right and step back R – Step L next to R
- 5 – 6 & Step forward R – ½ Turn right and step back R – Step L next to
- 7 & 8 & Step forward R – Step diagonal forward L – Lock R behind L – Step diagonal forward L

Sect 3 LOCK STEP FORWARD AND START OF LOCKSTEP BACK

- 1 & 2 & Stomp R next to L – Step diagonal forward L – Lock R behind L – Step diagonal forward L
- 3 & 4 & Stomp R next to L – Step diagonal forward R – Lock L behind R – Step diagonal forward R
- 5 & 6 & Stomp L next to R – Step diagonal forward R – Lock L behind R – Step diagonal forward R
- 7 & 8 & Stomp L next to R – Step diagonal back L – Lock R in front of L – ½ Turn right and step forward L

Sect 4 LOCK STEP BACK AND LOCK STEP FORWARD, STEP TURN, ½ TURN, KICK, SIDE, HITCH

- 1 & 2 & Stomp R next to L – Step diagonal back L – Lock R in front of L – ½ Turn right and step forward L
- 3 & 4 & Stomp R next to L – Step diagonal forward L – Lock R behind L – Step diagonal forward L
- 5 – 6 Step forward R – ½ Turn left and put weight on L
- 7 – 8a & ½ Turn left and step on R – Kick L forward – Side step L – Hitch L

Sect 5 STOMP, HEEL TAP 6X, KICK, SIDE, HITCH

- 1 & 2 & Stomp up R diagonal forward to right – Raise R heel – Lower R heel – Raise R heel
- 3 & 4 & Lower R heel – Raise R heel - Lower R Heel – Raise R heel
- 5 & 6 & Lower R heel – Raise R heel - Lower R Heel – Raise R heel
- 7 – 8a & Lower R Heel – Kick R forward – Side step R - Hitch

Sect 6 STOMP, HEEL TAP 6X, COASTER STEP

- 1 & 2 & Stomp up L diagonal forward to left – Raise L heel – Lower L heel – Raise L heel
- 3 & 4 & Lower L heel – Raise L heel - Lower L Heel – Raise L heel

5 & 6 &
7 – 8a &

Lower L heel – Raise L heel - Lower L Heel – Raise L heel
Lower L Heel – Step back L – Step R next to L – Step forward R
