

Any Minute (P)

拍数: 64 墙数: 0 级数: Intermediate Partner
编舞者: Sonia Cole (UK) & Alan Cole (UK) - November 2023
音乐: Any Minute Now - Tracy Lawrence



Side Rock Cross X2. Step, Touch, X 4 (Gent ½ turn Lt, Lady Full Turn Rt)

1-8 GENT Lt Side Rock, Cross (Slightly Angling Body), Rt Side Rock, Cross, Hold. (Slightly Angling Body).
LADY Rt Side Rock, Cross (Slightly Angling Body), Lt Side Rock , Cross, Hold. (Slightly Angling Body)

(Release Gents Rt, Ladys Lt, Take Joined Gents Lt, Ladys Rt Over Ladies Head As She Turns Rt Under Hands to RLOD)

9-16 GENT Turn ½ Turn Lt on 4 X Step Touches. Keep to ILOD end facing RLOD)
LADY Full Turn Rt on 4 X Step, Touches, Taking Joined Hands over Head To OLOD end facing RLOD)

Rock, Recover ½ Turn, Rock Recover ¼ Turn

17-20 GENT Rock Fwd on Lt, Recover on Rt, Turn ½ Turn Lt on Lt, Hold. (Changing Hands on Turn)
LADY Rock Fwd on Rt, Recover on Lt, Turn ½ Turn Rt on Rt, Hold. (Changing Hands On Turn)
21-24 GENT Rock Fwd on Rt, Recover on Lt, Turn ¼ Turn Rt on Rt, Hold. (Keep Hold of Gents Rt & Ladys Lt)
LADY Rock Fwd on Lt, Recover on Rt, Turn ¼ Turn Lt on Lt. Hold. (Keep Hold of Gents Rt & Ladys Lt)

Change Sides turning ¼ Turn to face RLOD, Step, Turn, Step, ½ Turn To Face LOD.

25-28 GENT Walk Round Back of Lady ¼ turn Rt to OLOD to Face RLOD on Lt, Rt, Lt, Hold. (Take Joined Hands Over Ladys Head)
LADY Turn ¼ Turn Lt, on Rt, Lt Rt, Hold. Under Raised Joined Hands to ILOD to End Facing RLOD.
29-32 GENT Step Fwd on Rt, Pivot ½ Turn Lt on Lt, Step Fwd on Rt, Hold. (LOD) Release Hands and pick back up inside Hands
LADY Step Fwd On Lt, Pivot ½ Turn Rt on Rt, Step Fwd on Lt, Hold. (LOD) Release Hands and pick back up inside Hands

Change Sides on Side, Together, Step Fwd, Rocking Chair.

33-36 GENT Step Lt to Side, Step Rt Next to Lt, Step Fwd on Lt, Hold. Passing Behind Lady, Change Hands As You Pass.
LADY Step Rt to Side, Step Lt Next to Rt, Step Fwd on Rt, Hold. Passing in Front Of Gent, Change Hands As You Pass.
37-40 GENT Rock Fwd on Rt, Recover on Lt, Rock Back on Rt, Recover on Lt. Keeping Hold of Inside Hands.
LADY Rock Fwd on Lt, Recover on Rt, Rock Back On Lt, Recover On Rt. Keeping Hold of Inside Hands.

Gent Walk X 3, Lady ½ Turn Rt, Both Point Out, Both Step, Hook X 2.

41-44 GENT Walk Fwd on Rt, Lt, Rt, Point Lt To Lt Side. Taking Joined Hands Over Ladys Head As She Turns.
LADY Taking Joined Hands Over Head, Turn ½ Turn Rt on Lt, Rt, Lt, Point Rt to Rt Side. (now facing RLOD)

(Pick up in Double Hand Hold offset Rt Shoulder to Rt Shoulder, Arms Splayed)

45-48 GENT Step Fwd on Lt, Hook Rt Leg Behind Lt, Step Back on Rt, Hook Lt Leg in Front of Rt.

LADY Step Back on Rt, Hook Lt Leg in Front of Rt, Step Fwd on Lt, Hook Rt Leg Behind Lt Leg.

Gent Walk X 3, end angling slightly to OLOD, Lady ½ Turn Lt end angling slightly to ILOD.

49-52 GENT Release Gents Lt, Ladys Rt, Take Joined Hands over Ladys Head Walk Fwd on Lt, Rt, Lt, Hold.

LADY Turn ½ Turn Lt on Rt, Lt, Rt, Hold. Taking Joined Hands Over Head. (End Slightly Angling towards each other)

Changing Hands, Gent Walk X 3, Lady, ½ Turn Rt, Into Closed Western

53-56 GENT Walk Fwd on Rt, Lt, Rt, Hold. Change Hands take Joined Gents Lt, Ladys Rt over her head. (End In Closed Western)

LADY Turn ½ Turn Rt on Lt, Rt, Lt, Hold, Changing Hands & Taking Join Hands Over Head on Turn into Closed Western.

Gent Walk Fwd X 3, Hold, Lady Walk Back X 3, Hold.

57-60 GENT Walk Fwd On Lt, Rt, Lt, Hold.

LADY Walk Back On Rt, Lt, Rt, Hold.

Gent Fwd Mambo, Touch. Lady Back Mambo, Touch.

61-64 GENT Rock Fwd on Rt, Recover on Lt, Rock Back on Rt, Touch Lt Next To Rt.

LADY Rock Back on Lt, Recover on Rt, Rock Fwd on Lt, Touch Rt Next To Lt.

START AGAIN

Happy Dancing

Alan & Sonia
