

# Cold

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Mary Ulibarri (USA) - November 2023  
音乐: Cold - Chris Stapleton  
或: Colors - Black Pumas



**INTRO: 7 counts after hard beat, starts before lyrics for song Cold**

**#32 count intro for song Colors, starting on word "Morning"**

**No tags or restarts!**

## **S-1 Slides Right and Left (8)**

### **[1-8] STEP SLIDE FORWARD ON DIAGONAL 4X**

1-2,                Step R forward on diagonal (1), Slide L next to R and touch (2),  
3-4,                Step L forward on diagonal (3), Slide R next to L and touch (4),  
5-6,                Step R forward on diagonal (5), Slide L next to R and touch (6),  
7-8,                Step L forward on diagonal (7), Slide R next to L and touch (8),

## **S-2 Weaves Right & Left (8) WEAVE RIGHT, ROCK, RECOVER, CROSS**

1 & 2, & 3 & 4    Step R to side (1), Cross L in front of R (&), Step R to side (2), Cross L behind R (&) Rock R to side (3), Recover L (&), Cross R in front of L (4)

### **WEAVE LEFT, ROCK, RECOVER, CROSS**

5 & 6 & 7 & 8    Step L to side (5), Cross R in front of L (&), Step L to side (6), Cross R behind L (&), Rock R to side (7), Recover L (&), Cross R in front of L (8)

## **S-3 WALK R, L, MAMBO FORWARD, BACKWARD SWEEPS L, R, L COASTER STEP (8)**

1-2, 3& 4        Walk R (1), Walk L (2), Rock forward R (3), Recover L (&), Step R next to L (4)  
5-6, 7 & 8        Sweep L back with weight (5), Sweep R back with weight (6), Step back on ball of L (7), Step back on ball of R (&), Step forward on L (8)

## **S-4 CROSS ROCK R, L, JAZZBOX 1/4 TURN R (8)**

1&2, 3 & 4        Cross R over L and Rock (1), Recover L (&), Step R (2), Cross L over R and Rock (3), Recover R (&), Step L (4),  
5-8                Cross R over L (5), Step back on L (&), Turn 1/4 R (6), Step forward on L (&)

**For song, Colors, Jazz Box is slow in 4 beats.**

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**Last Update – 25 Nov. 2023 - R1**