

# Quittin' Ain't Workin'

拍数: 64                      墙数: 0                      级数: Novice (Partner)  
编舞者: Johanne Rutherford (CAN) & François Cournoyer (CAN) - November 2023  
音乐: Quittin' Ain't Workin' - Larry Fleet



**Starting Position – Side By Side (Without Holding Hands) L.O.D**  
The steps of the man and the woman are opposite, unless indicated  
1 Restart

[1-8] M : Hold X 8  
L : Walk X 3, Hold, Step Pivot ½ Turn L , Step Frwd, Hold  
1-2                      L : LF Forward – RF Forward  
3-4                      L: LF Forward - Hold  
5-6                      L : RF Forward Pivot ½ turn to L – LF Forward  
7-8                      L : RF Forward – Hold

**Ladies Position R.L.O.D**

[9-16] M : Walk X 3, Hold, Step Pivot ½ Turn R, Step Frwd, Hold  
L : Hold X 8  
1-2                      M: RF Forward – LF Forward  
3-4                      M : RF Forward - Hold  
5-6                      M : LF Forward Pivot ½ turn to R – RF Forward  
7-8                      M : LF Forward – Hold

**On the count 8 take the men's left hand and the ladies right hand**  
**Reverse Position Promenade R.L.O.D**

[17-24] M: Step Frwd ¼ Turn L , Weave R , Side Rock , Recover , Cross Over LF  
L: Step Frwd ¼ Turn R , Weave L , Side Rock , Recover , Cross Over RF  
1-2                      M: RF Forward ¼ turn to L – Cross LF behind RF  
L : LF Forward ¼ turn to R – Cross RF behind LF  
**On the count 1 Double Hand Hold Position, men's O.L.O.D**  
3-4                      M : RF to R – Cross LF over RF  
L : LF to L – Cross RF over LF  
5-6                      M : RF to R – Recover LF  
L : LF to L – Recover RF  
7-8                      M : Cross RF over LF - Hold  
L: Cross LF over RF - Hold

[25-32] M: Rock Back , Recover , Heel Frwd , Hook , ¼ Turn L Step , Lock , Step , Scuff  
L: Rock Back , Recover , Heel Frwd , Hook , ¼ Turn R Step , Lock , Step , Scuff  
1-2                      M : LF back – Recover RF  
L : RF back – Recover LF  
3-4                      M : L heel Forward – Hook over RF  
L : R heel Forward – Hook over LF  
5-6                      M : LF to L ¼ turn to L – RF Lock behind LF  
L : RF to R ¼ turn to R – LF Lock behind RF  
**On the count 5, let go of men's left hand and the ladies right hand, Promenade Position L.O.D**  
7-8                      M : LF Forward – RF Scuff  
L : RF Forward – LF Scuff

[33-40] M: Step , Lock , Step , Scuff , ¼ R Weave  
L: Step , Lock , Step , Scuff , ¼ L Weave  
1-2                      M : RF Forward – LF Lock behind RF  
L : LF Forward – RF Lock behind LF

3-4 M : RF Forward – LF Scuff

**L : LF Forward – RF Scuff**

5-6 M : LF Forward ¼ turn to R – Cross RF behind LF

**L : RF Forward ¼ turn to L – Cross LF behind RF**

**On the count 5, Take Back Double Hand Hold, man O.L.O.D**

7-8 M : LF to L - Cross RF over LF

**L : RF to R - Cross LF over RF**

**[41-48] M: Step Back ¼ Turn L , Touch RF , Side Step R ¼ Turn R , Touch LF , Side Step LF to L , Together , Side Step LF to L ¼ Turn L , Hold**

**L: Step Back ¼ Turn R , Touch LF , Side Step L ¼ Turn L , Touch RF , Side RF to R , Together , Side Step RF to R ¼ Turn R , Hold**

1-2 M : LF back ¼ turn to L - RF touch next LF

**L : RF back ¼ turn to R - LF touch next RF**

**On the count 1 let go of men's left hand and the ladies right hand**

3-4 M : RF to R ¼ turn to R – LF touch next RF

**L : LF to L ¼ turn to L – RF touch next LF**

**On the count 3 Take Back Double Hand Hold, man O.L.O.D**

5-6 M : LF to L - RF next LF

**L : RF to R – LF next RF**

7-8 M : LF to L ¼ turn to L - Hold

**L : RF to R ¼ turn to R – Hold**

**On the count 7 let go of men's left hand and the ladies right hand Promenade Position L.O.D**

**Restart at this point of the dance**

**[49-56] M: Step Pivot ½ Turn L , Step RF Frwd , Hold , Step Pivot ½ Turn R , Step LF Frwd , Hold**

**L: Step Pivot ½ Turn R , Step LF Frwd , Hold , Step Pivot ½ Turn L , Step RF Frwd , Hold**

1-2 M : RF Forward Pivot ½ turn to L – LF Forward

**L : LF Forward Pivot ½ turn to R – RF Forward**

3-4 M : RF Forward - Hold

**L : LF Forward – Hold**

**Reverse Promenade Position R.L.O.D**

5-6 M : LF Forward ½ turn to R – RF Forward

**L : RF Forward ½ turn to L – LF Forward**

7-8 M : LF Forward - Hold

**L : RF Forward – Hold**

**Promenade Position L.O.D**

**[57-64] M: Toe Strut RF , Toe Strut LF , Rockin Chair**

**L: Toe Strut LF , Toe Strut RF , Rockin Chair**

1-2 M : Touch R toe Forward – Step R in place

**L : Touch L toe Forward – Step L in place**

3-4 M : Touch L toe Forward – Step L in place

**L : Touch R toe Forward – Step R in place**

5-6 M : RF Forward – Recover LF

**L : LF Forward – Recover RF**

7-8 M : RF back – Recover LF

**L : LF back – Recover RF**

**Take Back Starting Position**

**Restart : At the Fifth routine, after 48 counts, start the dance from the beginning...**

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