

Release Me Engelbert

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Chandrani Eilena Emmiyan (INA) - November 2023
音乐: Release Me - Pascal Redeker : (Engelbert Humperdinck Cover)



Thanks Ms. Arien for referring this lovely legendary song ☐

Intro: 16 Counts

No Tag

No Restart

Session 1 HALF RUMBA BOX (R L)

1-4 Step R to right side, Step L next to R, Step R forward, Hold

5-8 Step L to left side, Step R next to R, Step L forward, Hold

Session 2 FWD ROCK- ¼ RIGHT TO SIDE-DRAG, CROSS-SIDE-BEHIND WITH SWEEP

1-4 Step R forward, Recover onto L, Turn ¼ to right step R to side & drag L towards R slowly in 2 counts (3.00)

5-8 Cross L over R, Step R to right side, Step L close behind R while sweeping R to back in 2 counts

Session 3 CROSS BEHIND- ¼ LEFT FWD- PIVOT ½ LEFT (BODY WEIGHT ON R), CHAINE TURN WITH SWEEP

1-4 Cross R behind, Turn ¼ to left step L forward (12.00), Step R forward, Turn ½ to left keep the body weight on R & bend R knee a little bit & prepare to turn (6.00)

5-8 Step in place on L, Turn ½ to left step R beside L (12.00), Turn ½ to left step L forward while sweeping R to front (6.00)

Session 4 ¼ DIAMOND FALL AWAY

1-4 Cross R over L, Step L to side , Turn 1/8 to left step R backwards, drag L towards R slowly in 2 counts (4.30)

5-8 Step L back, Turn 1/8 to right step R to side, Step L forward, Hold (3.00)

Happy dancing

Dancing from the heart

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