

Mere Sanam

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Herman Baso (INA) - November 2023
音乐: DJ Oh Mere Sanam - SumBass.id



Note:

- Intro 32 Counts
- 1 Tag (4C after wall 5)
- 2 Restarts (On Wall 2 & 8 after 28C)

S1# SIDE & CLOSE TOUCH (R - L) - TOE STRUT (R - L)

- 1, 2. step RF to side, close touch LF next to RF
- 3, 4. step LF to side, close touch RF next to LF
- 5, 6. toe touch RF fwd, drop RF heel in place
- 7, 8. toe touch LF fwd, drop LF heel in place

S2# ROCKING CHAIR - 1/4 JAZZ BOX TURN

- 1, 2. rock RF fwd, recover on LF
- 3, 4. rock LF fwd, recover on RF
- 5, 6. cross RF over LF, 1/4 turn Right and step LF back
- 7, 8. step RF to side, step LF fwd

S3# DOUBLE 1/4 MONTEREY TURN

- 1, 2 toe touch RF to side, 1/4 R and close RF next to LF
- 3, 4. toe touch LF to side, close LF next to RF
- 5, 6. toe touch RF to side, 1/4 R and close RF next to LF
- 7, 8. toe touch LF to side, close LF next to RF

S4# STEP & TOUCH - VSTEP

- 1, 2. step RF fwd, toe touch LF fwd
- 3, 4. step LF back, toe touch RF back

(RESTART HERE ON WALL 2 & 8)

- 5, 6. step RF diagonally fwd, step LF diagonally fwd
- 7, 8. step RF back to center, close LF next to RF

TAG (4C)# DOUBLE 1/8 PADDLE TURN

- 1, 2. 1/8 R and step RF fwd, push the RF and do hip roll in as you transfer weight to LF
- 3, 4. 1/8 R and step RF fwd, push the RF and do hip roll in as you transfer weight to LF

"LET'S GET SWEATY, HEALTHY AND HAPPY"

Best Regards, Herman Baso

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