

Not on You

拍数: 32 墙数: 2 级数: Improver
编舞者: Caz Robertson (UK) - November 2023
音乐: I'm On Fire (feat. London Community Gospel Choir) - Beverley Knight : (Album: The Fifth Chapter)



Start on Count 17

SHUFFLE, STEP ½ TURN, SIDE, BEHIND, SHUFFLE

1&2 Step forward right, step left next to right, step forward right
3-4 Step left forward, making ½ turn right step forward on right (weight on right)
5-6 Step left to left, step right behind left
7&8 Step left to left, step right next to left, step left to left

MAMBO, MAMBO, ROCK, RECOVER, ROCK, RECOVER, CROSS

9&10 Step forward on ball of right, recover on left, step right next to left
11&12 Step back onto ball of left, recover on right, step left next to right
13-14 Rock forward on right, recover on left
15&16 Rock right to right, step left in place, cross step right over left (weight on right)

STEP ¼ TURN, STEP ¼ TURN, STEP, STEP, TOE, HEEL, STOMP, TOE, HEEL, STOMP

17-18 Making ¼ turn right step back on left, making ¼ turn right step forward right
19-20 Step left to left, step right next to left
21&22 Touch left toe next to right instep, touch left heel next to right instep, stomp left slightly forward of right (weight on left)
23&24 Touch right toe next to left instep, touch right heel next to left instep, stomp right slightly forward of left (weight on right)

KICK, KICK, SAILOR ½ TURN, SHUFFLE, SHUFFLE

25-26 Kick left forward, kick left to left
27&28 Making ½ turn left sweep left behind right and step on left, step right next to left, step left slightly forward
29&30 Angling body slightly to right step right to right, step left next to right, step right to right (small steps)
31&32 Angling body slightly to left step left to left, step right next to left, step left to left (small steps)

Start again