

# Life Is a Highway

COPPER KNOB  
BY STEPSHEETS

拍数: 32                      墙数: 4                      级数: Improver  
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音乐: Life Is a Highway - Rascal Flatts



## With Tag & Restart

Intro : 48 Count

### S - 1 K STEP - TOUCH TO SIDE - R TOE HEEL STEP WITH SWIVEL TOUCH

1&2&                      Step R fwd, diagonal - step L fwd diagonal touch beside R - step L back diagonal - Step R back diagonal touch beside L  
3&4                      Step R back diagonal - step L back diagonal touch beside R - step L fwd diagonal  
5&6.                      Step R touch to side - step R together touch L - step R to side  
7&8                      Sweavel R heel - sweavel R toe - R touch beside L

### S - 2 FORWARD MAMBO - COASTER STEP - PEDAL 3/4 TURN L

1&2                      Step R fwd - recover L - step R back  
3&4                      Step L back - step R together L - step L fwd  
5 - 6                      1/4 turn R touch (09.00) - 1/4 turn R touch (06.00)  
7 - 8                      1/4 turn R touch (03.00) - step R touch together L

### S - 3 RUMBA BOX - FLICK ON R - FORWARD SHUFFLE

1&2                      Step R to side - step L next to - step R fwd  
3&4                      Step L to side - step R next to - step L back  
5 - 6                      Step R back - recover L with flick on R  
7&8                      Step R fwd - steplock L behind R - step R fwd

### S - 4 1/2 TURN - FULL L TURN - R TOE HEEL STEP - L TOE HEEL STEP

1&2                      Step L fwd - 1/2 turn R (09.00) - step L fwd  
3 - 4                      Step R fwd 1/2 turn L (03.00) - 1/2 turn L fwd (09.00)  
5&6                      Touch R toe next to L, Touch R heel inplace, Step R forward  
7&8                      Touch L toe next to R, Touch L heel inplace, Step L forward

## RESTART :

Wall 2 & wall 5 ( after 16 Count)

Wall 9 (after 16 C & tag 4 C )

## TAG

After wall 7

### S - 1 WALK - 1/4 TURN WALK - STEP FORWARD (REPEAT 3X)

1 - 2                      Step R fwd, step L fwd  
3 - 4                      Walk 1/4 turn R (06.00), step L fwd  
5 - 6                      Walk turn 1/4 R (09.00), step L fwd  
7 - 8                      Walk turn 1/4 R (12.00), step L fwd

### S - 2 SCISSOR R/L - 1/2 TURN L - SHUFFLE

1&2                      Step R to side - step L next to R - step R croos over L  
3&4                      Step L to side - step T next to L - step L croos over R  
5 - 6                      Step R fwd - 1/2 turn L (wieght to L) (06.00)  
7&8                      Step R fwd - steplock L behind R - step Rfwd

### S - 3 SCISSOR L/R - 1/2 TURN R - STEP FORWARD TOUCH TO SIDE

1&2                      Step L to side - step R next to L - step L croos over R

3&4            Step R to side - step L next to R - step R croos over L  
5 - 6            Step L frwd - 1/2 turn R (wieght to R (12.00)  
7&8            Step L frwd - steplock R behind L - step R Touch to side

**S - 4 STEP TO SIDE - HOLD**

1 - 2 - 3 - 4    Step R to side - hold

**TAG**

On wall 9 (after 16 C)

1 - 4 Step R to side - hold

Enjoy The Dance☐☐☐

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