

Rollin a Seven

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Nick Schroeder (USA) - November 2023
音乐: Everytime I Roll the Dice - Delbert McClinton



1-8 Side touch/slide and Toe Struts

1-4 Touch R to side (1), bring R back next to L (2); Step R to side and slide R (3), drag L to R (4)
5-8 L toe strut (5-6); R toe strut (7-8)

9-16 Side touch/slide and Diagonal Steps

9-12 Touch L to side (9), bring L back next to R (10); Step L to side and slide L (11); drag R to L (12)
13-16 Step back diagonal R (13), L together w/ clap (14); Step back diagonal L (15), R together w/ clap (16)

[Tag: Walls Repeat 13-16
3,6,9]

17-24 Side lock steps, shuffles, and rocking chair

17-18 Step R to side (17), bring L together (18)
19&20 Side shuffle R-L-R (19&20)
21-24 Step L forward (21), recover on R (22); Step L back (23), recover on R (24)

25-32 Side lock steps, shuffles, 1/4 turn, and stomps

25-26 Step L to side (25), bring R together (26)
27&28 Side shuffle L-R-L (27&28)
29-32 1/4 turn R while rocking back onto R (29), recover L (30); (facing 3:00) R foot stomp twice (31-32)

Last Update: 10 Oct 2024