

Jamaican Monarch

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Daniel Exton (UK)
音乐: Caribbean Queen (No More Love On the Run) - Billy Ocean



*No Tags or Restarts

S1 Rock, Triple Full Turn, Rock, Shuffle 1/2 Turn

1, 2 Rock forward on Right foot, Recover onto Left
3 & 4 Make a full turn stepping Right, Left, Right
* Alternatively, Right foot back, Left foot back, Right foot forward
5, 6 Rock forward on Left foot, Recover onto Right foot
7 & 8 Left foot forward with 1/4 turn Left, Right foot next to Left, Left foot forward with 1/4 turn Left

S2 Jazz Box, Chasse, Rock 1/4 Turn

1, 2 Cross Right foot over Left, Left foot back
3, 4 Right foot to Right side, Left foot next to Right
5 & 6 Right foot to Right side, Left foot next to Right, Right foot to Right side
7, 8 Rock Left behind Right with 1/4 turn Left, Recover onto Right foot

S3 Kick, Toe, Shuffle, Kick, Toe, Shuffle

1, 2 Kick Left foot forward, Touch Left toe back
3 & 4 Left foot forward, Right foot lock behind Right, Right foot forward
5, 6 Kick Right foot forward, Touch Right toe back
7 & 8 Right foot forward, Left foot lock behind Right, Right foot forward

S4 Rock, Recover, Shuffle Back, 1/4 Turn with step Back, Back, Swivel heels, toes, heels

1, 2 Rock forward on Left Foot, Recover onto Right
3 & 4 Left foot back, Right foot lock in front of Left, Left foot back
5, 6 Step Right foot back with 1/4 turn Right, Left foot back
7 & 8 Twist heels to right, twist toes to right, twist heels to right

S5 Cross, Touch, Cross Shuffle, Rock, Behind-Side-Cross

1, 2 Cross Left foot over Right, Touch Right foot to Right side
3 & 4 Cross shuffle Right over Left
5, 6 Rock Left foot to Left side, Recover onto Right foot
7 & 8 Left foot behind Right, Right foot to Right side, Left foot cross over Right

S6 Step, Touch, 1/4 Turn Shuffle, Rocking Chair

1, 2 Step Right foot to Right side, Touch Left foot next to Right
3 & 4 1/4 turn Left with Left foot forward, Right foot lock behind Left, Left foot forward
5, 6 Rock forward on Right foot, Recover onto Left foot
7, 8 Rock back on Right foot, Recover onto Left foot

S7 Full Turn, Kick Ball Change, Rock, Shuffle 1/2 Turn

1, 2 Right foot forward with a 1/2 turn Left, Left foot forward with a 1/2 turn Left
3 & 4 Kick Right foot forward, Step Right foot down, Step left foot next to Right
5, 6 Rock forward on Right foot, Recover onto Left foot
7 & 8 Right foot forward with 1/4 turn Right, Left foot next to Right, Right foot forward with 1/4 turn Right

S8 Rocking Chair, Kick, Kick, Kick Ball Change

1, 2 Rock forward on Left foot, recover onto Right

3, 4 Rock back on Left foot, Recover onto Right
5, 6 Kick Left foot forward x2
7 & 8 Kick Left foot forward, Place Left foot next to Right, Right foot next to Left
