

Teresa

拍数: 32 墙数: 2 级数: Improver
编舞者: Vinta (INA) & Mei Mei (INA) - November 2023
音乐: Favela - Ina Wroldsen & Alok



Intro : 8 Count

S1. Basic Samba, Botafogo L R

1a2 Step RF Forward (1), Step LF next to RF (a), Step RF in place (2)
3a4 Step LF Back (3), Step RF next to LF (a), Step LF in place (4)
5a6 Cross RF over LF (5), Rock LF to L side (a), Recover on RF (6)
7a8 Cross LF over LF (7), Rock RF to R side (a), Recover on LF (8)

S2. Turn R Volta Full Turn, Samba Whisk L R

1a2 Turn ¼ R Cross RF over LF (1), Step ball on LF to L side (a), Turn ¼ R Cross RF over LF (2)
a3a4 Step ball on LF to L side (a), Turn ¼ R Cross RF over LF (3), Step ball on LF to L side (a), Turn ¼ R Cross RF over LF (4)
5a6 Step LF to L side (5), Rock back on RF (a), Recover on LF (6)
7a8 Step RF to R side (5), Rock back on LF (a), Recover on RF (6)

S3. Pivot ½ Turn R Forward, Rock Forward, Stationary Samba L R

1&2 Step LF forward (1), Turn ½ R Step RF forward (&), Step LF forward (2)
3&4 Step RF forward (3), Recover on LF (&), Step RF next to LF (4)
5a6 Press ball on LF into floor next to RF (5), Rock back on RF (a), Recover on LF (6)
7a8 Press ball on RF into floor next to LF (7), Rock back on LF (a), Recover on RF (8)

S4. Cross, Side, Behind with Sweep, Behind, Side, Forward, Switches LRLR

1&2 Cross LF over RF (1), Step RF to R side (&), Cross LF behind RF and sweep RF to up from front to back (2)
3&4 Cross RF behind LF (3), Step LF to L side (&), Step RF forward (4)
5&6 Point LF to L side (5), Step LF next to RF (&), Point RF to R Side (6)
&7&8 Step RF next to LF (&), Point LF to L side (7), Step LF next to RF (&), Point RF to R Side (8)

Tag 1. After Wall 2 (2 Count)

Side Close with Rolling Shoulder

1 2 Step RF to R side (1), Close LF next to RF with rolling shoulder (2)

Tag 2. After Wall 3 – Slow Tag (4 count)

Forward Sweep, Cross, Side Behind Sweep, Cross, Side

1 2& Step RF forward with Sweep (1), Cross LF over RF (2), Step RF to R side (&)
3 4& Step LF back with sweep (3), Cross RF behind LF (&), Step LF to L side (4)

Tag 3. After Wall 5

Mambo Side R L

1&2 Step RF to R side (1), Recover LF (&), Close RF next to LF (2)
3&4 Step LF to L side (3), Recover RF (&), Close LF next to RF (4)

Enjoy the dance

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