

Last Time

拍数: 32 墙数: 2 级数: Absolute Beginner
编舞者: Yvonne M Anderson (UK) & Debbie Mabbs (UK) - November 2023
音乐: Last Time - Becky Hill



Intro: 16 counts – (approx. 8secs) - No Tags, No Restarts

R SIDE CHASSE, L ROCK BACK, R RECOVER, L SIDE CHASSE, R ROCK BACK, L RECOVER

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back on left, recover forward on right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back on right, recover forward on left

MONTEREY ¼, ROCKING CHAIR

1-2 Point right to right side, turn ¼ right on left, Step right beside left
3-4 Point left to left side. Step left beside right
5-6 Rock forward on right, recover on left
7-8 Rock back on right, recover on left

WALK FORWARD R,L,R, TOUCH L FORWARD, WALK BACK L,R,L, TOUCH R

1-2 Walk forward right, walk forward left,
3-4 Walk forward right, touch left forward
5-6 Walk back left, walk back right
7-8 Walk back left, touch right beside left

HIP BUMPS X 2, JAZZ BOX ¼ TURN

1&2 Step right to right side, hip bump right, left, right
3&4 Step left to left side, hip bump left, right, left
5-6 Cross step right over left, step back on left
7-8 ¼ turn right stepping forward on right, step forward on left

Start Over

No Tags or Restarts

Have fun and enjoy ☐

Thank you to Dianna Fisher for recommending the music and to Debbie Mabbs for her contribution and her guidance on my very first choreography.

Last Update - 14 Nov. 2023 - R1
