

Gotta Step Up

COPPERKNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Phrased Intermediate
编舞者: Wandy Hidayat (INA) - November 2023
音乐: Shake That (feat. Pitbull) - Samantha Jade



Intro : 16 Counts

Sequences: A A B A A B Tag1 C C Tag2 B* (last count 16) 4x
2 Tag, No Restart

PART A (32 counts)

Section A1 - SIDE, BACK, RECOVER, FORWARD LOCK SHUFFLE, CROSS, RECOVER, SAILOR STEP

1 - 3 Step L to side, step R back, recover on L
4&5 Step R forward, lock L behind R, step R forward
6 - 7 Cross L over R, recover on R and sweep L to back
8&1 Cross L behind R, step R to side, step L to side (12.00)

Section A2 - HOLD (2C), CROSS, RECOVER, SIDE, CROSS, RECOVER, ¼ L, ¼ L, FLICK, SIDE

2 - 3 Hold (2 counts)
4&5 Cross R over L, recover on L, step R to side
6&7 Cross L over R, recover on R, ¼ turn Left step L forward
8&1 ¼ turn Left step R to side , flick on L, step L to side (06.00)

Section A3 - HOLD (2C), BACK, RECOVER, SIDE, CUBAN BREAK, TWIST LOCK STEP

2 - 3 Hold (2 counts)
4&5 Step R back, recover on L, step R to side
6&7& Cross L over R, recover on R, step L to back, recover on R
8&1 ½ turn R Step L forward, step R forward, lock L behind R (07.30)

Section A4 - FORWARD, PIVOT ½ R, FORWARD, ½ L, ⅙ L, TOGETHER

2 - 5 Step R forward, step L forward, ½ turn Right step R in place, step L forward
6 - 8 ½ turn Left step R back, ⅙ turn Left step L side, step L next to R (06.00)

PART B (32 counts)

Section B1 - BASIC NC (R-L)

1 - 4 Step R to side, hold, step L slightly behind R, cross R over L
5 - 8 Step L to side, hold, step R slightly behind L, cross L over R (12.00)

Section B2 - PIVOT ½ L, ½ L, BACK, CROSS BACK SIDE (2X)

1 - 4 Step R forward, ½ turn Left step L in place, ½ turn Left step R back, step L back
5&6 Cross R over L, step L back, step R to side
7&8 Cross L over R, step R back, step L to side (12.00)

Section B3 - FORWARD MAMBO, BACK MAMBO, WALK, WALK, FORWARD, SWIVEL BOTH HEELS

1&2 Step R forward, recover on L, step R back
3&4 Step L back, recover on R, step L forward
5 - 6 Step R forward, step L forward
7&8 Step R forward, swivel both heels to Right, swivel both heels back to center (weight on L)
(12.00)

Section B4 - BACK, BACK, SIDE MAMBO TURN, SIDE MAMBO, BACK & DRAG, TOGETHER

1 - 2 Step R back, step L back
3&4 Step R to side, recover on L, ½ turn Right step R next to L
5&6 Step L to side, recover on R, step L next to R

7 - 8 Step R back and drag L heel toward R, step L next to R (06.00)

PART C (32 counts)

Section C1 - KICK BALL TOUCH, KICK BALL STEP, SWIVEL, COASTER STEP

1&2 Kick R forward, step R next to L, touch L to side
3&4 Kick L forward, step L next to R, step R to side
5&6 Swivel both heels to Left, Swivel both toes to Left, Swivel both heels to Left (weight on L)
7&8 Step R to back, step L next to R, step R forward (12.00)

Section C2 - FORWARD, ½ L & SWEEP, COASTER STEP, SIDE & DRAG THEN TOUCH (R-L)

1 - 2 Step L forward, ½ turn Left step R back and sweep L to back
3&4 Step L back, step R next to L, step L forward
5 - 6 Long step R to side and drag L toward R, touch L next to R
7 - 8 Long step L to side and drag R toward L, touch R next to L (06.00)

Section C3 - STOMP, ½ L SWIVEL & SWEEP, BEHIND SIDE CROSS, SIDE, CLOSE & LIFT, CROSS SHUFFLE

1 - 2 Stomp R forward, ½ turn Left swivel R and sweep L to back
3&4 Cross L behind R, step R to side, cross L over R
5 - 6 Step R to side, step L next to R and lift R to side
7&8 Cross R over L, step L to side, cross R over L (12.00)

Section C4 - SIDE, TOUCH HEEL, HOLD, TOGETHER, CROSS, UNWIND, SAILOR STEP (R-L)

&1-2 Step L to side, touch R heel to R diagonal, hold
&3-4 Step R next to L, cross L over R, ½ turn Left unwind (weight on L)
5&6 Cross R behind L, step L to side, step R to side
7&8 Cross L behind R, step R to side, step L to side (06.00)

Note :

TAG 1 (8c) - PIVOT 2X, FORWARD ROCK, RECOVER, OUT HEEL 2X, IN 2X

1 - 2 Step R forward, ½ turn Left step L in Place
3 - 4 Step R forward, ½ turn Left step L in Place
5 - 6 Rock forward on R, recover on L (with body roll angle body to left)
7& - 8& Step out R heel, step out L heel, step R back to center, step L next to R

TAG 2 (4c) - ARMS STYLING

1 - 2 Begin taking both arms out to each side and continue raising them up above head
3 - 4 Bring both hands back down

Enjoy your Dance

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