

Up In The Air

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Advanced
编舞者: Hiroko Carlsson (AUS) - November 2023
音乐: Up In the Air - Methner, Zist & Eirik Næss : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Side, Behind Rock, Side-Behind-1/4L Shuffle Fwd, Step-Pivot 1/2L, 3/4L Quick Turn-

1 2& Step R to the side, Rock L behind R, Replace weight on R
3& Step L to the side, Step R behind L
4&5 Making a ¼ turn left shuffle forward on L-R-L (9:00)
6 7 Step forward on R, Make a ½ turn left recover weight on L (3:00)
8& Make a ½ turn left stepping back on R, Make a ¼ turn left stepping L beside R (6:00)

[S2] Cross Rock, 1/8R Dip-Kick, 1/4R Dip-Kick, Reverse Rocking Chair

1 2 Rock/cross R over L, Replace weight on L
3 4 Make a ⅛ turn right stepping forward on R-slightly dipping down (7:30), Lift L leg
5 6 Step back on L -slightly dipping down /making a ⅛ turn right (10:30), Lift R leg
7&8& Rock back on R, Replace weight on L, Rock forward on R, Replace weight on L

[S3] 1/4L w/ Sweep, Back-Lock-Back, 1/4R Step-Lock-Step into 1/4R Back, Back-Coaster Step

1 Make a swift ¼ turn left stepping back on R as you sweep L foot around (7:30)
2&3 Step back on L, Lock/cross R over L, Step back on L
4& Make a ¼ turn right stepping forward on R (10:30), Lock L behind R-
5 6 - Step forward on R -starting a 1/4R pencil turn on ball of R foot (1:30), Step back on L
7&8& Step back on R, Step back on L, Step R next to L, Step forward on L

[S4] Step-Pivot 3/8L, Fwd Rock, 1/2R-Full Turn, Side-Behind Rock

1 2 Step forward on R, Make a ⅜ turn left recover weight on L (9:00)
3 4 Rock forward on R, Replace weight on L
5 6 7 Make a ½ turn right stepping forward on R, Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R (3:00)
&8& Step L to the side, Rock R behind R, Replace weight on L

TAG: 16 counts Tag at the end of Wall 2 (6:00) and Wall 4 (12:00)

[S1] Side, Behind Rock, Side-Behind-1/4L-Step-Pivot 1/2L, Fwd, Step-Pivot 1/4R-Fwd Rock

1 2& Step R to the side, Rock L behind R, Replace weight on R
3&4 Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L
&5 6 Step forward on R, Make a ½ turn left recover weight on L, Step forward on R
7& Step forward on L, Make a ¼ turn right recover weight on R
8& Rock forward on L, Replace weight on R

[S2] Side, Behind Rock, Side-Behind-1/4R-Step-Pivot 1/4R, Cross-Reverse Side Roll

1 2& Step L to the side, Rock R behind L, Replace weight on L
3&4 Step R to the side, Step L behind R, Make a ¼ turn right stepping forward on R
&5 6 Step forward on L, Make a ¼ turn right recover weight on R, Cross L over R
7 8 Make a ¼ turn left stepping back on R, Make a ½ turn left stepping forward on L –
Then, make another ¼ turn to the left, starting on count 1 and moving to the side

**Ending: After Wall 5, you will do a 16-counts-tag sequence with a step change at the end.
Dance until the end, then add another ½ turn to the left while stepping back on your right foot (12:00).**

(updated: 8/Nov/23)
