

Jealous of Myself

拍数: 40 墙数: 2 级数: Advanced NC2S
编舞者: Hanna Pitkänen (FIN) - October 2023
音乐: Jealous of Myself (feat. LeAnn Rimes) - Tenille Arts



Restart on wall 2 after 36 counts facing the front wall

Bridge on wall 4 after 32 counts facing the front wall

Start the dance after 12 counts from the word "younger", approx. 11 second into track.

[1-8]: Behind, sweep, behind, side, cross, lunge, hitch, syncopated jazz box, side

- 1,2& Step RF behind LF as you sweep LF from front to back (1), step LF behind RF (2), step RF to side (&)
- 3,4 Cross LF over RF (3), step on RF next to LF and go down into lunge as you slide LF to side (4)
- 5,6& Transfer weight to LF as you hitch RF (5), cross RF over LF (6), step back LF (&)
- 7&8 Step LF to side (7), cross RF over LF (&), big step with RF to side (8)

[9-16]: ¼ turn, close, step, ½ turn x2, ball step, chase turn x 2, ½ turn, step

- 1,2 Close LF next to RF as you turn ¼ to left (1), Sep RF forward (2) 9.00
- 3,4 ½ turn right stepping LF back (3), ½ turn left stepping RF forward (4)
- &5& Step LF forward (&), Step RF forward (5), ½ turn left as you transfer weight to LF (&) 3.00
- 6,7 Step RF forward (6), Step LF forward (7)
- &8 ½ turn right as you transfer weight to RF (&), Step LF forward (8) 9.00

[17-24]: ½ turn x 2, sweep, syncopated jazzbox, nightclub basic, side, cross rock

- 1 ½ turn left stepping RF back as you sweep LF (1) 3.00
- 2 ½ turn left stepping LF forward as you sweep RF from back to front (2) 9.00
- 3&4 Cross RF over LF (3), step back LF (&), step RF to side (4)
- &5 Cross LF over RF (&), big step to side on RF (5)
- 6& Step LF behind RF (6), cross RF slightly over LF (&)
- 7,8& Big step to side on LF (7), cross RF over LF (8), recover weight to LF (&)

[25-32]: Side rock, diamond, nightclub basic, 5/8 turn, sweep

- 1&2 Step RF to side (1), 1/8 turn right as you recover weight to LF (&), step back RF (2) 10.30
- &3,4 Step back LF (&), 1/8 turn left stepping RF to side (3), 1/8 turn right stepping LF forward (4) 1.30
- &5,6 Step RF forward (&), 1/8 turn to right stepping LF to side (5), cross RF behind LF (6) 3.00
- &7 Cross LF slightly over RF (&), step back on RF as you pivot 5/8 turn left with optional ronde on LF (7)
- 8 Step LF forward as you sweep RF from back to front (8) 7.30

****Bridge comes here on wall 4 facing 7:30**

[33-40]: Step, press, recover, back, back rock, recover, sweep S

- 1,2 Step RF forward (1), press forward on to LF (2) 7.30

Optional hand movement on count 2: point your finger forward as she sings "you"

- 3,4 Recover weight to RF (3), step back LF (4)

***Restart here on wall 2 and turn to face 12 with the behind & sweep**

- 5,6,7 Step back RF (5), recover weight to LF (6), 1/8 turn left as you sweep RF from back to front (7) 12.00

- 8 Continue sweeping by making a small cw u-turn and sweeping from front to back (8)

Styling tip: turn your hips to the direction you are going with your sweep, it helps to keep the sweep small

Start again

****Bridge: Comes on wall 4, dance up to count 32 and add the following steps.**

[1-8]: Step, ½ pivot, prissy walks x2, step, ½ pivot, step

1,2 Step RF forward (1), Step LF forward (2)

3,4 ½ turn right as you transfer weight to RF (3), step LF forward and slightly across RF (4) 7.30

5,6 Step RF forward and slightly across LF (1), Step LF forward (2)

7,8 ½ turn right as you transfer weight to RF (3), step LF forward (4) 1.30

After the bridge continue the dance from count 33.

Have fun dancing!

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