

Wildflowers

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Heidi Brenden (NOR), Hege Mari Berg (NOR) & Nancy Refshal (NOR) - October 2023
音乐: Backseat Backroad - Daniel Borge



Section 1 - [1 - 9] Basic Nightclub R, Nightclub left, step 1/2 turn step fwd, triple full turn L (alt: run, run, run)

1, 2 & 3 Step RF to right side (1) step LF behind RF (2) Cross RF in front of LF (&) Step LF to L side (3)
4 & 5 Rock RF back (4) Recover weight on LF (&) Step RF Fwd (5)
6 & 7 Step LF forward (6) make ½ turn R (&) Step LF fwd (7) Prep for full turn L 06:00
8 & 1 Step RF 1/2 turn L (8) Step LF ½ turn L (&) Step RF fwd (1) 06:00

Section 2 - [10 - 15] Left mambo fwd, sweep RF, weave Left, Sway L, Sway R

2 & 3 Step LF fwd (2) Recover weight on RF (&) Step LF back as you sweep RF from front to back (3)
4 & 5 Cross RF behind LF (4) Step LF to L side (&) Cross RF In front of LF (5)
6, 7 Step LF to left side and sway hips left (6) sway R (7)

Note: 2 count Step change, restart wall 3 facing 12:00: after sway R (7): Cross LF in front of RF (1) Hold (2) Then restart the dance at 12:00

Section 3 - [16 - 24] Cross behind, step lock forward L, mambo, sweep x 3, back lock step

8&1&2 Cross LF behind RF (8) Make ¼ turn R (09:00) stepping RF fwd (&) Step LF fwd (1) Lock RF behind (&) Step LF fwd (2) 09:00
3 & 4 Step RF fwd (3) recover weight on LF (&) Step RF back as you sweep LF from front to back (4)
5, 6 Step LF back as you sweep RF from front to back (5) Step RF back as you sweep LF from front to back (6)
7 & 8 Step LF back (7) Lock RF in front of LF (&) Step LF back (8) 09:00

Section 4 - [25 - 32] Rock, recover, triple full turn (alt: Run, run, run) , Rock, recover, coaster cross.

1, 2 Step RF back (1) Recover LF (2) Step RF ½ turn R (2)
3 & 4 Step LF ½ turn R fwd (&) Step RF fwd (4)
5, 6 Step LF fwd (5) Recover weight on RF (6)
7 & 8 Step LF back (7) Step RF beside LF (&) Cross LF in Front of RF (8)

Note: At the end of wall 2 there is a 8 & count tag: Basic nightclub steps Right and left x 4 Then restart the Dance facing 06:00 □ Sway ending to the front wall □

Enjoy, and please make Your own variations □

Last Update: 14 Nov 2023
