

Girlie Girlie

拍数: 32 墙数: 2 级数: High Improver
编舞者: Wendy Moench Gray (USA) - June 2023
音乐: Girlie Girlie - Sophia George : (iTunes, Amazon & Spotify)



* Note: there are 2 optional Section 2's. One is easy if you don't like turning and tricky hip moves.

No Tags or Restarts (Yay!)

#16 count intro

Section 1: STAMP KICK*, BALL CHANGE, SHUFFLE**, STAMP KICK*, BALL CHANGE, SHUFFLE**, TURN

1 & 2 & Stamp R (1), Kick R (&), Step back on R (2), recover L (&)
3 & 4 Step R Forward (3), Step L to R (&), Step R Forward (4)
5 & 6 & Stamp L (5), Kick L (&), Step back on L (6), recover R (&)
7 & 8 Step L Forward (7) Step R to L (&), Step L Forward (8) turning ¼ to R to face 3:00

*Styling on Kick: Rock back on supporting leg slightly when kicking

**Styling on forward shuffles: Angle body toward diagonal, while moving and looking forward

*Section 2: (INTERMED) STEP TOUCH, STEP TOUCH, STEP TOGETHER STEP, TURNING BACK SIDE CROSS, STEP, HIP FIGURE 8

1 & 2 & Step R to R Side (1), Touch L Toe to R (&), Step L to L Side (2), Touch R Toe to L (&)
3 & 4 Step R to R Side (3), Step L to R (&), Step R to R Side (4)
5 & 6 Step L behind R turning ½ L (5), Step R to R turning ¼ L (&), Cross L over R turning ¼ L to face 3:00 (6)
7 & 8 Step R to R Side with Figure 8 hip roll, ending R Side and pop L Knee.

*Section 2: (EASY) STEP TOUCH, STEP TOUCH, STEP TOGETHER STEP, BACK SIDE CROSS, STEP, HIPS RIGHT LEFT RIGHT

1 & 2 & Step R to R Side (1), Touch L Toe to R (&), Step L to L Side (2), Touch R Toe to L (&)
3 & 4 Step R to R Side (3), Step L to R (&), Step R to R Side (4)
5 & 6 Step L behind R (5), Step R to R Side (&), Cross L over R (6)
7 & 8 Step R to R Side and bump R Hip to R Side (7), Bump L Hip to L Side (&), Bump R Hip to R Side (8).

Section 3: HIP ROCK, HIP ROCK, TURN ¼, SHUFFLE, BRUSH, JAZZ BOX CROSS, SWAY, SWAY

1 & 2 & Rock & dip hips to L Side (1), Pop R Knee (&), Rock & dip hips to R Side (2), Pop L Knee (&)
3 & 4 & Turn ¼ L, Step L Forward (3), Step R Together to L (&), Step L forward (4) Brush R to Front (&).
5 & 6 & Cross R over L (5), Step L Back (&), Step R Back to R Side (6), Turn ¼ Left, Step and Cross L over R (&)
7 8 (facing 9:00 now) Sway Right (7), Sway Left (8)

Section 4: CROSS RECOVER, SIDE RECOVER, SAILOR STEP, TOUCH, STEP TOUCH x2, STEP TOGETHER, BUMP ARMS X2

1 & 2 & Step and Cross R over L (1), Recover L (&), Step R to R Side (2), Recover L (&)
3 & 4 & Step R behind L (3), Step L to L Side (&), Step R to R Side (4), Touch L Toe to R Foot (&)
5 & 6 & 7 Step L turning 1/8 to L (5), Touch R Toe to L (&), Step R turning 1/8 to L (6), Touch L Toe to R (&), Step L to L Side (7)
& 8 Step R together towards L, raise arms to shoulder height, bump arms forward (&), Bump arms forward again time while keeping the feet still (8) *

* Optionally do thumbs up "good" gestures twice instead of arm bumps

Ending: On the 7th wall last 4 counts of pattern turn all the way to front instead of turning just to back.

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Last Update: 10 Nov 2023
