

Nanana Nanana

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Heru Tian (INA) - November 2023
音乐: (It Goes Like) Nanana - Peggy Gou



No Tag, No Restart

Section 1 : Diagonal Cross, Diagonal Fwd , Diagonal Cross, Diagonal Point, 1/8L Back Anchor, Back Anchor

1234 Cross R over L towards Left Diagonal to 10.30 (angle body to 1.30) (1), Step L Fwd to Left Diagonal (2), Cross R over L to Left Diagonal (3), Point L to Left Diagonal (4)
5&6 1/8L, facing 10.30, Step L Backward (5), Step R in place (&), Step L in place (6)
7&8 Step R Backward (7), Step L in place (&), Step R in place (8)

Section 2 : Rock back, 1/8R Side Rock, Cross, Side, Hold, Together, Side, Behind Touch

12 Rock L back (1), Recover on R (2)
3&4 1/8R, square up to 12.00, Rock L to L Side (3), Recover on R (&), Cross L over R (4)
56 Step R to R Side (5), Hold (6)
&78 Step L next to R (&), Step R to R Side (7), Touch L behind R (8) look to Right shoulder

Section 3 : 1/4L Fwd, 1/2L Back , Back Shuffle , Rock back , Kick Ball Change

12 1/4L, facing 9.00, Step L fwd (1), 1/2L, facing 3.00, Step R back (2)
3&4 Step L back (3), Step R next to L (&), Step L back (4)
56 Rock R behind (5), Recover on L (6)
7&8 Kick R fwd (7), Ball R behind (&), Step L fwd (8)

Section 4 : 1/4R Cross Samba, 1/4L Cross Samba, 1/4L Side/Hip Roll & Cross (X2)

1&2 1/4R, facing 6.00, Cross R over L (1), Ball L to L Side (&), Step R in place (2)
3&4 1/4L, back to 3.00, Cross L over R (3), Ball R to R Side (&), Step L in place (4)
5678 make a 1/4L, Step R to R Side, Roll your hip here (5) , Step L slightly cross over R (6) , Repeat 5&6 (7,8) ending facing 9.00

Start the dance again..

Enjoy this nanana... Thank you for all support..

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