

Dirty Dancin

拍数: 64 墙数: 2 级数:
编舞者: Lena Johnson (USA) - November 2023
音乐: Cry to Me - Kilotile : (original version, not the edited version)



Section ONE-

1-2 R foot step out in front and hold
3-4 R coaster step
5-6 L foot step out in front and hold
7-8 L coarser step

Section TWO-

1-2 R foot forward rock step, recover
3&4 triple step while pivoting half turn
5-6 L foot forward rock step, recover
7&8 triple step while pivoting half turn back to wall one

Section THREE-

1-2 R step forward, pivot half turn
3-4 R step forward, pivot half turn
& 5 & 6 step left, outward R heel pop, step right, outward L heel pop
& 7 & 8 step left, outward R heel pop, hold feet in place and optional chest pop(stick chest out and pop back to move shoulder's forward)

Section FOUR-

& 1 & 2 right step back, left heel pop, left step right back, right heel pop
& 3 & 4 right step back, left heel pop, and hold with optional chest pop.
&5, 6 right step towards wall 2 and cross left in front of right and hold.
&7, 8 right step towards wall 2 and cross left in front of right and hold.

Section FIVE-

1-2 right step out towards wall 2 and roll body/hips forward
3-4 roll body/hips back towards left foot
5-6 roll body/hips forward toward right foot
7-8 roll body/hips back towards left foot.

Section SIX-

1-2 step forward with right facing wall 2
3-4 step forward with left facing wall 2
5-6 facing wall 2, step right out as you do a hip swivel
7-8 then hip swivel to the left

Section SEVEN-

1-2 step out to the right, drag left foot behind
3-4 flick your left foot behind your right and hold for "4"
5-6 shuffle left towards wall 1
7-8 pull right leg through and step and pivot 180 to face wall 3.

Section EIGHT-

1,2,3,4 starting with right foot, wizard step towards wall 3.
5,6,7,8 facing wall 3, place foot far out to your right, starting in a low position and drag right foot into left for 5,6,7, back together 8.

