

Last Train To Nowhere

COPPERKNOB
BY SHEPHERD

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Kate Sala (UK) - November 2023
音乐: Last Train to Nowhere - Ghost Hounds



Intro: 10 counts, Then start dance Intro.

Sequence: Intro, Wall 1, Tag, Wall 2, Tag, Wall 3, The last 32 counts x 2. Dah Dah!!

Dance the 10 count Intro x 2, followed by 6 counts.

Kick & Side Touch, Kick & Side Touch, Modified Jazz box, Side Touch With Guitar Arm.

- 1 & 2 Kick R forward. Step R next to L. Side touch L out to left side.
- 3 & 4 Kick L forward. Step L next to R. Side touch R out to right side.
- 5 6 & Cross step R over L. Step back on L. Step R out to right side.
- 7 8 Cross step L over R. Touch R out to right side.
- 9 10 Strum the guitar and draw a full circle in front of the body, clockwise.

Plus 6 Counts: Hold for 2 Counts, Dip R knee in towards L for 4 counts. Start main dance.

Main dance:

Rock Back, Recover, Together, Rock Back, Recover, Step L, Diagonal Coaster Step, Diamond Step 1/8 Turn.

- 1 & 2 Rock back on R. Recover on to L. Step R next to L.
- 3 & 4 Rock back on L. Recover on to R. Step L to left side.
- 5 & 6 Facing left diagonal, Step back on R. Step L next to R. Step forward on R.
- 7 & 8 Cross step L over R. Step R out to right side and slightly back. Turn 1/8 left stepping L to left side. 9:00

Cross Behind, Side, Cross & Cross Shuffle, Switch Left, Switch Right, Kick Ball Step.

- 1& 2& Cross step R behind L. Step L to left side. Cross step R over L. Step L to left side.
- 3 & 4 Cross step R over L. Step L to left side. Cross step R over L.
- 5 & 6 Touch L out to left side. Step L next to R. Touch R out to right side.
- 7 & 8 Kick R forward. Step down on R. Step forward on L.

Syncopated Jazz Box, Sailor Step 1/4 Turn Left, Sailor Step 1/2 Turn Right, Triple Step 3/4 Turn Left.

- 1 & 2 Cross step R over L. Step back on L. Step R to right side.
- 3 & 4 Cross step L behind R. Turn 1/4 left stepping R slightly to right side. Step L slightly to left side. 6:00
- 5 & 6 Cross step R behind L. Turn 1/2 right stepping L slightly to left side. Step R to right side. 12:00
- 7 & 8 Triple step with 3/4 turn left on L, R, L. 3:00

Diagonal Heel & Touch & Diagonal Kick Ball Cross, Walk Around Full Turn Right.

- 1& 2& Dig R heel forward to left diagonal. Step down on R. Touch L behind R heel. Step slightly back on L.
- 3 & 4 Low kick R forward to right diagonal. Step down on R. Cross step L over R.
- 5 - 8 Walk around completing a full circle turning right on R, L, R, L. 3:00

For counts 5 - 8 on wall 1 only, you can step R to right side and Hold making the Guitar Arm circle.

Counts 33 to 64 - On Wall 4 & 5, start the dance from here.

Right Side Rock, Together, Left Side Rock Together, Syncopated Rocking Chair, Walk Forward x 2.

- 1 & 2 Rock out on R to right side. Recover onto L. Step R next to L.
- 3 & 4 Rock out on L to left side. Recover onto R. Step L next to R.

5& 6& Rock forward on R. Recover on to L. Rock back on R. Recover on to L.
7 8 Walk forward on R, L.

Continue..... Last Train To Nowhere.

Step Pivot 1/2 Turn Step, Shuffle Forward, Mambo Step 1/4 Turn Right, Cross & Heel, Step.

1 & 2 Step forward on to R. Pivot 1/2 turn left. Step forward on to R. 9:00
3 & 4 Step forward on L. Step R next to L. Step forward on L.
5 & 6 Rock forward on R. Recover on to L. Turn 1/4 right stepping R to right side. 12:00
7& 8& Cross step L over R. Small step on R to right side. Dig L heel forward to left diagonal. Step down on L.

Cross Kick & Kick & Syncopated Jazz Box Cross, Tap Out In Out, Coaster Step.

1& 2& Cross kick R forward to left diagonal. Step down on R. Kick L forward to left diagonal. Step down on L.
3& 4& Cross step R over L. Step back on L. Step R to right side. Cross step L over R.
5 & 6 Tap R out to right side. Tap R next to L. Step R out to right side.
7 & 8 Step back on L. Step R next to L. Step forward on L.

Mambo Step 1/2 Turn. Turn 1/2 Right, Turn 1/4 Right, Cross Rock 1/4 Turn Left, Paddle 1/4 Turn Left x 2.

1 & 2 Rock forward on R. Recover on to L. Turn 1/2 right stepping forward on R. 6:00
3 4 Turn 1/2 right stepping back on L. Turn 1/4 right stepping R to right side. 3:00
5 & 6 Cross rock on L over R. Recover on to R. Turn 1/4 left stepping forward on L. 12:00
7 8 Touch R to forward paddle 1/4 turn left x 2. 6:00

TAG: Dance the 6 count Tag at the end of wall 1 and wall 2 only.

1 & Step forward on R heel to right diagonal. Step forward on L heel to left diagonal.
2 & Step R back to centre. Step L next to R.
3 & Step out on R to right side. Step out on L to left side.
4 & Step R in to centre. Step L next to R.
5 6 Touch R out to right side. Touch R next to L.

Start Again! Enjoy!
