

3D

拍数: 32 墙数: 4 级数: Improver
编舞者: Ayek Lesmana (INA) - November 2023
音乐: 3D - Jung Kook (정국) & Jack Harlow



Start dance on vocal

I. WALK FORWARD – DRAG - TOUCH – OUT OUT – IN PLACE - SWIVEL

- 1 – 2 Step RF forward (1), Step LF forward (2)
- 3 – 4 Step RF forward Drag LF to RF (3), Touch LF beside RF (4)
- 5&6 Step LF to side (5), Step RF to side (&), Step LF in place (6)
- 7& Swivel both toes out (7), Swivel both toes in (&)
- 8& Swivel both toes out (8), Swivel both toes in (&)

II. DIAGONAL BACKWARD WITH DRAG – DIAGONAL BACKWARD WITH DRAG – DIAGONAL BACKWARD WITH DRAG – TOUCH – STEP HITCHx2 - 1/8 TURN LEFT – ½ UNWIND

- 1 – 2 Step RF diagonal backward Drag LF to RF (1), Step LF diagonal backward Drag RF to LF (2)
- 3 – 4 Step RF diagonal backward Drag LF to RF (3), Touch LF beside RF (4) ... (1:30)
- 5&6 Step LF back as you hitch RF (5), Step RF beside LF (&), Step LF back as you hitch RF (6)
- 7 – 8 Turn 1/8 left Unwind ½ turn left (7), (8) ... (6:00)

*Restart here on Wall 3

III. SIDE STEP – BALL CROSS – RECOVER – SIDE STEP – BALL CROSS – RECOVER – TURN ¼ LEFT – PADDLE WITH STOMP

- 1 – 2& Step RF to side (1), Ball cross LF behind RF (2), Recover on RF (&)
- 3 – 4& Step LF to side (3), Ball cross RF behind LF (4), Recover on LF (&)
- 5 6 7 8 Making ¼ turn left paddle with stomp (5), (6), (7), (8) ... (3:00)

IV. 1/8 TURN LEFT – TOUCH – RECOVER – 1/8 TURN RIGHT – SIDE STEP – 1/8 TURN RIGHT – TOUCH – RECOVER – 1/8 TURN LEFT – SIDE STEP – JAZZ BOX

- 1 – 2& Turn 1/8 left Touch RF forward (1), Recover on LF (2), Turn 1/8 right Step RF to side (&)
- 3 – 4& Turn 1/8 right Touch LF forward (3), Recover on RF (4), Turn 1/8 left Step LF to side (&)
- 5 – 6 Cross RF over LF (5), Step LF back (6), Step RF to side (7), Step LF forward (8)

TAG 8 COUNT : after Wall 1 & Wall 4 (facing 3:00)

- 1 - 2 Step RF diagonal forward (1), Step LF diagonal forward (2)
- 3 - 4 Stomp RF to side2x (3), (4)
- 5 - 6 Step LF diagonal backward (5), Step RF diagonal backward (6)
- 7 - 8 Stomp LF to side2x (7), (8)

Enjoy the dance,

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