

Ground We Stomp

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Intermediate
编舞者: Nyle Provenson (USA) - October 2023
音乐: Stomp - Ben Gallaher : (Apple Music & Spotify)



INTRO: 32 count intro. Begin the dance when the lyrics begin.

TAGS & RESTARTS:

- ❖ Restart after second A after 16 counts
- ❖ Tag1 after first B
- ❖ Tag2 after third B after 24 counts
- ❖ Restart after fifth B after 24 counts

SEQUENCE: A - A[1-16] - B - T1 - A - B - B[1-24] - T2 - B - B[1-24] - A[1-16]

PART A - 32c

[1-8] Cross kick, Coaster, Shuffle, ¼ turn

- 1, 2 Cross RF over L, kick RF back out
- 3& 4 Step back RF, Step LF together with RF, Step RF forward (Coaster)
- 5& 6 Shuffle forward L R L
- 7& 8 ¼ turn shuffle R L R over L shoulder

[9-16] Kick-ball-point x2, Scuff, Stomp

- 1& 2 Kick RF forward, together, point LF back
- 3& 4 Kick LF forward, together, point RF back
- 5, 6 Scuff RF, stomp RF
- 7& 8 Heel-toe-heel shuffle to the R

[17-24] Scuff/Hitch, ¼ turn, Coaster, Jazz box

- 1, 2 Stomp LF and hitch while doing a ¼ turn over L shoulder
- 3& 4& Step back LF, Step RF together w/ RF, Step LF forward(Coaster), scuff RF
- 5, 6 Cross RF over L, Step back LF
- 7, 8 Step out RF, Bring LF together w/ R, (all while doing a ¼ over R shoulder)

[25-32] Jazz box, Stomp

- &1, 2 Scuff RF, Cross RF over L, Step back LF
- 3, 4 Step out RF, Bring LF together w/ R
- 5, 6 Stomp RF, stomp LF
- 7, 8 Shake hips

PART B - 32c

[1-8] Stomp cross behind, Slide, ½ turn

- 1& 2& Stomp RF, cross LF behind R (x2)
- 3& 4& Slide R bring L in, Slide L bring R in
- 5, 6 ½ turn R over R shoulder, ½ turn R over L shoulder
- 7, 8 ½ turn L over L shoulder, ½ turn L over R shoulder

[9-16] Heel swivel, Stomp, Sailor, Cross behind out cross over

- 1& 2& R heel swivel from in to out, stomp RF (x2)
- 3& 4& L heel swivel from in to out, stomp LF (x2)
- 5& 6& Step RF behind LF, step out LF, step out RF, Hold (&)
- 7& 8& Step LF behind RF, Step out RF, Cross LF over RF, Step out RF

[17-24] ¼ pivot, ½ turn/hitch, Coaster, ½ turn (x2)

- 1, 2 ¼ pivot over L shoulder, step forward on R foot
- 3, 4 Step forward on L foot, ½ turn over R shoulder while hitching RF
- 5& 6 Step back RF, Step LF together with RF, Step RF forward (Coaster)
- 7 Step forward with LF while doing a ½ turn over R shoulder, Step back with
- 8 RF while doing a ½ turn over R shoulder

[25-32] ½ turn hitch, Coaster, Diagonal slide

- 1, 2 Step forward LF, ½ turn over R shoulder while hitching RF
- 3& 4 Step back RF, Step LF together with RF, Step RF forward (Coaster)
- 5& 6& Step diagonally L w/ LF, bring RF in, Step diagonally R w/ RF, bring LF in
- 7& 8& Step diagonally L w/ LF, bring RF in, Kick RF and bring back together

TAG 1

This only happens one time which is after the first B (first chorus)

[1-4] Slide

- 1, 2 Step RF out and slide, bring LF in
- 3, 4 Step LF out and slide, bring RF in

TAG 2

[1-8] Rock recover, ½ turn shuffle, Cross kick, Coaster

- 1, 2 Step forward on LF and rock body, recover on RF
- 3& 4 Shuffle L R L while doing a ½ over L shoulder
- 5, 6 Cross kick RF over L, Kick RF back out
- 7& 8 Step back RF, Step LF together with RF, Step RF forward (Coaster)

[9-16] Stomp & Clap, Cross kick, Coaster

- 1& 2& Stomp LF, Clap, Stomp RF, Clap
- 3& 4& Stomp LF, Clap, Stomp RF, Clap
- 5, 6 Cross kick LF over R, Kick LF back out
- 7& 8 Step back LF, Step RF together with LF, Step LF forward (Coaster)

[17-24] Rock recover, ½ turn shuffle, Rock recover, ¼ turn shuffle

- 1, 2 Step forward on RF and rock body, recover on LF
 - 3& 4 Shuffle R L R while doing a ½ turn over R shoulder
 - 5, 6 Step forward on LF and rock body, recover on RF
 - 7& 8 Shuffle L R L while doing a ¼ turn over L shoulder
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