

Today (오늘도 난)

COPPERKNOB
CHOREOGRAPHY SHEETS

拍数: 64 墙数: 2 级数: Low Intermediate
编舞者: Ssaboo (KOR) - October 2023
音乐: Today, I (오늘도 난) - Lee Seung Chul (이승철)



Intro Dance: 32 counts (Sec 5 ~ Sec 8)

SEC 1: Step R with Body Roll, Together, Side, Touch, Rolling Vine with Cross

1-2 Step R to R side with body roll (1), Hold (2)
&3-4 Step L next to R (&), step R to R side (3), touch L next to R (4)
5-6 1/4 L step L to forward (5), 1/2 L step R to backward (6)
7-8 1/4 L step L to L side (7), cross R over L (8) [12:00]

Easy Option: R Stomp, Hold, Together, Side, Touch, Weave

SEC 2: Step L with Body Roll, Together, Side, Touch, Rolling Vine with Cross

1-2 Step L to L side with body roll (1), Hold (2)
&3-4 Step R next to L (&), step L to L side (3), touch R next to L (4)
5-6 1/4 R step R to forward (5), 1/2 R step L to backward (6)
7-8 1/4 R step R to R side (7), cross L over R (8) [12:00]

Easy Option: L Stomp, Hold, Together, Side, Touch, Weave

SEC 3: Side, Behind, Shuffle 1/4 R, Step, Pivot 1/4 R, Cross Shuffle

1-2 Step R to R side (1), cross L behind R (2)
3&4 Step R to R side (3), step L next to R (&), 1/4 R stepping R to forward (4) [3:00]
5-6 Step L to forward (5), pivot 1/4 R (6) [6:00]
7&8 Cross L over R (7), step R to R side (&), cross L over R (8)

SEC 4: 1/2 L Hinge Cross Shuffle, Side Rock, Recover, Sailor 1/2 L with Cross

1-2 Make 1/4 turn L Stepping Back on R (1), make 1/4 turn L Stepping side on L (2) [12:00]
3&4 Cross R over L (3), step L to L side (&), cross R over L (4)
5-6 Step L to L side (5), recover on R (6)
7&8 Make 1/4 turn L crossing L behind R (7), make 1/4 turn L stepping R next to L (&), cross L over R (8) [6:00]

SEC 5: Modified Applejacks with Arms

1-2 Swivel L heel to R, R toe to R (1), swivel L heel to L, R toe to L (2)
3&4 Swivel L heel to R, R toe to R (3), swivel L heel to L, R toe to L (&), swivel L heel to R, R toe to R (4)
5-6 Swivel L heel to L, R toe to L (1), swivel L heel to R, R toe to R (2)
7&8 Swivel L heel to L, R toe to L (7), swivel L heel to R, R toe to R (&), swivel L heel to L, R toe to L (8)

Easy Option: Free Style Swivel with Arms replace with "Modified Applejacks"

SEC 6: Cross, Point, Cross, Point, Jazz Box Forward

1-2 Cross R over L (1), point L to L side (2)
3-4 Cross L over R (3), point R to R side (4)
5-6 Cross R over L (5), step back on L (6)
7-8 Step R to R side (7), step L to forward (8)

SEC 7: Rock, Recover, Shuffle 1/2 Turn R, 1/2, 1/2, Shuffle

1-2 Rock forward on R (1), recover weight on L (2)
3&4 1/4 R stepping R to R side (3), step L next to R (&), 1/4 R stepping forward on R (4) [12:00]
5-6 1/2 Turn R stepping back on L (5), 1/2 Turn R stepping forward on R (6)

7&8 Step forward on L (7), step R next to L (&), Step forward on L (8)

SEC 8: (Step, Pivot 1/4 L) x2 with Hip Roll, Jazz Box with Cross

1-2 Step forward on R (1), pivot 1/4 turn L weight on L with hip roll (2) [9:00]

3-4 Step forward on R (3), pivot 1/4 turn L weight on L with hip roll (4) [6:00]

5-6 Cross R over L (5), step back on L (6)

7-8 Step R to R side (7), cross L over R (8)

BEGIN AGAIN! - ENJOY!

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