

Opa

拍数: 64 墙数: 2 级数: Phrased
编舞者: Linda Burgess (AUS) - October 2023
音乐: Opa - Giorgos Alkaios & Friends : (Album: My Big Fat Greek Wedding 3 OST)



Intro: Wait for first "Opa" then count 36 counts. Start with Lyrics!!

Sequence: A,A ,TAG, B,B, TAG, A, TAG, B, TAG, A, TAG, B,B, PLUS ENDING.

PART A 32 COUNTS

[1-8] CROSS, SIDE, BEHIND, FLICK/SLAP, CROSS, SIDE, BEHIND, FLICK/SLAP

- 1,2,3,4 Cross/step R over L, step L to L, cross/step R behind L, flick L foot up to L side (knee turned in) & slap L foot with L hand & extend R arm up (call out OOH!!)
- 5,6,7,8 Cross/step L over R, step R to R, cross/step L behind R, flick R foot up to R side (knee turned in) & slap R foot with R hand & extend L arm up (call out OOH!!) 12.00

[9-16] ¼ SHUFFLE, ¼ SHUFFLE, PIVOT ½ TURN, PIVOT ¼ TURN

- 1&2,3&4 Turn ¼ L & step fwd R, step L beside R, step fwd R, turn ¼ L & step fwd L, step R beside L, step fwd L
- 5,6,7,8 Step fwd R, pivot ½ turn L, step fwd R, pivot ¼ turn L 9.00

[17-32] REPEAT FIRST 16 COUNTS

- 1-16 Repeat beats 1-16 above 6.00

PART B 32 COUNTS

[1-8] WALK, WALK, WALK, ¼ HOP/STEP, TOGETHER, CROSS, REPLACE, SIDE, REPLACE, CROSS, SIDE

- 1,2,3&4 Walk fwd R, L, R, turn ¼ R & hop/step L to L side, step R beside L (weight to R) (extend arms up above head, elbows slightly bent -leave arms up for next 4 counts 3.00
- 5&6&7,8 Cross/rock L over R, replace weight to R, rock/step L to L side, replace weight to R, cross/step L over R, step R to R 3.00

[9-16] BEHIND, SIDE, CROSS, BALL, JACK, HOP/STEP/FLICK/SLAP, CROSS, SIDE, CROSS, SIDE, CROSS, SIDE

- 1&2&3,4 Cross/step L behind R, step R to R, cross/step L over R, step R to R, touch L heel to L45, step down on L (a little hop) as you flick R foot out to side (with knee turned in towards L) & slap R foot with R hand & extend L arm up (at the same time) (leave L arm up & R arm out/side for next 4 counts) 3.00
- 5&6&7,8 Cross/step R over L, step L to L, cross/step R over L, step L to L, cross/step R over L, step L to L - 3.00

[17-24] SHUFFLE FWD, PIVOT ½ KICK, SHUFFLE FWD, PIVOT ½ KICK

- 1&2,3,4 Step fwd R, step L beside R, step fwd R, step fwd L, pivot ½ turn R (keeping weight back on L) & kick R fwd (take arms up above head , and call out (OPA!!) 9.00
- 5&6,7,8 Step fwd R, step L beside R, step fwd R, step fwd L, pivot ½ turn R (keeping weight back on L) & kick R fwd (take arms up above head, and call out (OPA!!) 3.00

[25-32] R SAILOR, L SAILOR, JAZZBOX ¼ R

- 1&2,3&4 Cross/step R behind L, step L to L, step R in place, cross/step L behind R, step R to R, step L in place 3.00
- 5,6,7,8 Cross/step R over L, ¼ turn R & step back L, step R to R, step fwd L. 6.00

Tags: 1,2,3,4 R rockingchair

Note: Part A is just a repetition of 16 counts., so when you dance 2 x Part A's, (at the start of the dance) you will finish facing the front. Tags are danced at the end of each AA & BB, and danced after every single A & B parts.

Finish: Dance Part B, counts 1-32. You will be facing 6.00. ADD-(1)step fwd R, (2)pivot ½ turn L, walk fwd (3)R, (4)L, (5)big step to R side & throw arms up & say "(OPA!!!!) 12.00. Hope you enjoy the dance and music as much as I do!!
