

Turbulence

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Turbulence - P!nk



Dance starts after 16 counts.

SIDE ROCK, CROSSING SHUFFLE, FORWARD ROCK, SHUFFLE BACK

1,2 Rock R to right side, recover on L
3&4 Cross R over L, step L to left, cross R over L
5,6 Rock forward on L, recover on R
7&8 Step back on L, step R next to L, step back on L

BACK, POINT, BACK, POINT, TOGETHER, POINT, SAILOR ¼ TURN TO RIGHT

1,2 Step back on R, point L to side
3,4 Step back on L, point R to side
5,6 Touch R next to L, point R to side
7&8 Turn ¼ R crossing R behind L, step together L, step R forward (3:00)

HEEL TAPS, COASTER, HEEL TAPS, COASTER

1,2 Tap L heel forward on L diagonal, tap L heel forward on L diagonal
3&4 Step back on L, step back on R, step forward on L
5,6 Tap R heel forward on R diagonal, tap R heel forward on R diagonal
7&8 Step back on R, step back on L, step forward on R

ROCK, RECOVER, ½ TURN SHUFFLE, OUT, OUT, HOLD/CLAP, HIP BUMPS L,R,L

1,2 Rock L forward, recover on R
3&4 Step L ½ turn over L shoulder, step R next to L, step L forward (9:00)
&5,6 Step out R, step out L, hold/clap
7&8 Bump hips L,R,L

TAG: At the end of Wall 4, add the following 8 ct. tag

1-4 Step R to side, touch L together, step L to side, touch R together,
5-8 Step R to side, touch L together, step L to side, touch R together

Last Update - 13 Sep. 2024 - R1