

Nobody

拍数: 32 墙数: 4 级数: Improver
编舞者: Gudrun Bachner (AUT) - September 2023
音乐: Nobody (feat. Matthew West) - Casting Crowns



Intro: 8 Counts

Tags: 3

Restarts: 0

[S1] side stomp 2x, triplestep – R+L

1-2 stomp RF to R with shoulders swinging to R, stomp LF to L with shoulders swinging to L
3&4 step RF diagonally R forward, close LF to RF, step RF diagonally R forward
5-6 stomp LF to L with shoulders swinging to L, stomp RF to R with shoulders swinging to R
7&8 step LF diagonally L forward, close RF to LF, step LF diagonally L forward

[S2] step turn ¼, cross and cross, touch, back touch, turn ¼, heel-toe-heel-hitch

1-2 step RF forward, ¼-turn L on both balls, recover on LF (9:00h)
3&4 cross RF before LF, close LF to RF, cross RF before LF
&5-6 touch LF beside RF (&) touch LF backwards (5), ¼-turn to L (6), weight in the end on LF
(6:00h)
7&8& turn R heel to the middle (7), turn R toes to the middle (&), turn R heel to the middle (8), lift R
knee (&)

[S3] heel, toe, touch + hip bumps, step turn ½, run-run-run

1-2 touch R heel forward, touch R toes backwards
3&4 touch R toes forward, bump hips 3 times R-L-R, end weight on RF
5-6 step LF forward, ½-turn R on both balls (12h), end weight on RF
7&8 3 fast steps forward L-R-L

[S4] weave, scissor step, side, turn ¼ step back, close, swivel

1-2& step RF to R (1), cross LF behind RF (2), step RF to R (&)
3-4& cross LF before RF (3), step RF to R (4), close LF to RF (&)
5-6 cross RF before LF (5), step LF to L (6)
7&8& ¼-turn R and step RF back (7), (3:00h), close LF to RF (&), turn both heel to the R (8), turn
both heels back to the middle (&)

tag = S4

tag after walls 2, 4 and 7

ending after last tag, looking to 6:00h:

S4, 1 – 5

6-8 ¼-turn R (9:00h) and step LF back (6), ¼-turn R (12:00) and step RF to the R (7), draw LF to
RF

Last Update: 12 Nov 2023