

Seminole Wind

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Advanced Beginner
编舞者: Sandie Witmer (USA) - October 2023
音乐: Seminole Wind - John Anderson



Intro: Count 4 counts after slow instrumental and drum beat build up, begin on Count 5.

STYLING: Hands on hips in all sections, except sections 3 and 4. Refer to Demo Video for styling visual.

Beginning: Stand silent, still, and respectful with head down. When violin plays, slowly raise head.

Section 1: Vine R, L Toe Fan with Knee Bends * 2

- 1-4 Step side right, step left behind right, step side right, step left beside right bending knees down & up
5-6 Fan left toe out to side left, turn left toe back to center while bending both knees down and up
7-8 Fan left toe out to side left, turn left toe back to center while bending both knees down and up
(Place Hands on hips for steps 1-8, Bend knees down on counts 4, 6 and 8.)

Section 2: Vine L, R Toe Fan with Knee Bends * 2

- 1-4 Step side left, step right behind left, step side left, step right beside left bending knees down & up
5-6 Fan right toe out to side right, turn right toe back to center while bending both knees down & up
7-8 Fan right toe out to side right, turn right toe back to center while bending both knees down & up
(Place Hands on hips for steps 1-8, Bend knees down on counts 4, 6 and 8.)

Section 3: Hop Forward & Back R with Clap, R Heel Hook Hand Slap

- 1&2 Hop forward leading with right foot (1&), clap once (2)
3&4 Hop backward leading with right foot (3&), clap once (4)
5-8 Touch right heel forward, hook right foot over left and slap left hand on right heel, touch right heel forward, step right foot beside left

Note: Stand tall and upright on heel slap.

Alternate Move if balance is challenging on heel slap: Slap left hand on left thigh instead of heel.

Section 4: Hop Forward & Back L with Clap, L Heel Hook Hand Slap

- 1&2 Hop forward leading with left foot (1&), clap once (2)
3&4 Hop backward leading with left foot (3&), clap once (4)
5-8 Touch left heel forward, hook left foot over right and slap right hand on left heel, touch left heel forward, step left foot beside right

Note: Stand tall and upright on heel slap.

Alternate Move if balance is challenging on heel slap: Slap right hand on right thigh instead of heel.

Section 5: Right Forward Shuffle Rumba Box (Rectangular shape, not square)

- 1-2 Take a small step right to right side (hip width), step left beside right
3&4 Take a long step forward right, step left, step right
5-6 Take a small step left to left side (hip width), step right beside left
7&8 Take a long step backward left, step right, step left

(Place Hands on hips for steps 1-8)

Section 6: ¼ Turn Right Shuffle Rumba Box (Rectangular shape, not square)

- 1-2 Step ¼ turn right stepping on right foot, step left beside right
3&4 Take a long step forward right, step left, step right
5-6 Step a small step left to left side (hip width), step right beside left

7&8 Take a long step backward left, step right, step left
(Place Hands on hips for steps 1-8)

ENDING: When violins start, turn to front, bow head, and place arms at sides.

End of Dance (EOD)

No tags, No restarts, Dance in controlled continuous rhythm through any beat changes.

Alternate Music:

Like I Love Country Music by Kane Brown (Country)
There Goes My Heart by The Mavericks (Country)
She's In Love With The Boy by Trisha Yearwood (Country)
Brand New Man by Brooks & Dunn (Country)
Lovin' On You by Luke Combs (Country)
Higher Ground by Stevie Wonder (70's Classic)
Late Night Talking by Harry Styles (Pop)
Don't Start Now by Dua Lipa (Pop)
I Can Love You Better Than That by The Chicks (Country)
Low by Flo Rida FT. TPain Clean Version (Hip Hop)
Pop Goes My Heart by Hugh Grant (Movie Sound Track)
Swingin' by John Anderson & Colt Ford Remix (Country Hip Hop)

Thank You switmer57@gmail.com

YouTube - Dance Tribe Line Dancers

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