

Do It Well

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Do What You Do Do Well - Paul Molloy



Restart on wall 3 after 16 count, step change
Tag after wall 5 , 6 count

Section 1 SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, HEEL TOUCH, HEEL TOUCH, FORWARD RECOVER

1&2 shuffle forward on rf, lf, rf
3&4 shuffle forward on lf, rf, lf
5&6& right heel touch forward, back together, left heel touch forward, back together
7 - 8 rock rf forward, recover on lf

Section 2 : TURN 1/4 RIGHT SHUFFLE TO RIGHT ON RF, LF TOUCH FORWARD, LF TOUCH TO LEFT, COASTER STEP, WALK , HITCH

1&2 turn 1/4 to right shuffle to right on rf, lf, rf (3 o'clock)
3 - 4 lf touch forward, lf touch to left
5&6 lf step back, rf next to lf, lf step forward
7 - 8 rf step forward, lf hitch

Restart here on wall 3 with step change

7 - 8 Step RF Forward, Step LF next to RF

Section 3 : CHASSE , CHASSE 1/4 TURN L 3x

1&2 Step LF to L, Step RF close to LF, Step LF to L (3 o'clock)
3&4 1/4 Turn L Step RF to R, Step LF close to RF, Step RF to R (12 o'clock)
5&6 1/4 Turn L Step LF to L, Step RF close to LF, Step LF to L (9 o'clock)
7&8 1/4 Turn L, Step RF to R, Step LF closed to RF, Step RF to R (6 o'clock)

Section 4 HEEL STEP LR, TOE STEP LR, JAZZBOX 1/4 TURN R

1&2& Touch L Heel Forward, Step LF next to RF, Touch R Heel Forward, Step RF next to LF
3 & 4 Touch L Toe to L, Step LF next to RF, Touch R to R
5 - 6 Cross RF over LF, Step LF backward 1/4 Turn R
7 - 8 Step RF to R, Step LF Forward

Tag (after wall 5) : 6 Count

1 - 2 Step RF Forward, Brush LF Forward
3 - 4 Step LF Forward, Brush RF Forward
5 - 6 Sway RL

Finish enjoy, happy dancing ☐☐