

Nobody AB

拍数: 32 墙数: 4 级数: Beginner
编舞者: Gudrun Bachner (AUT) - October 2023
音乐: Nobody (feat. Matthew West) - Casting Crowns



Intro: 8 Counts

Tags: 3

Restarts: 0

[S1] side rock with stomp 2x, triplestep – R+L

1-2 stomp RF to R with shoulders swinging to R, stomp LF to L with shoulders swinging to L
3&4 step RF diagonally R forward, close LF to RF, step RF diagonally R forward
5-6 stomp LF to L with shoulders swinging to L, stomp RF to R with shoulders swinging to R
7&8 step LF diagonally L forward, close RF to LF, step LF diagonally L forward

[S2] rock forward, recover, triplestep in place (alternate: coasterstep) – R+L

1-2 step RF forward, recover on LF
3&4 step RF to R, close LF beside RF, step RF to R (3&4 coasterstep: step RF back, close LF to RF, step RF forward)
5-8 a s 1 – 4, start with LF

[S3] side, behind, triple side, cross rock, recover, triple side

1-2 step RF to R, cross LF behind RF
3&4 step RF to R, close LF to RF, step RF to R
5-6 cross LF in front of RF, recover on RF
7&8 step LF to L, close RF to LF, step LF to L

[S4] jazztriangle, jazztriangle ¼ turn R

1-2 cross RF in front of LF, step LF back
3-4 step RF to R, close LF to RF
5-6 cross RF in front of LF, step LF back
7-8 turn ¼ to R, step RF to R, close LF to RF (3:00 o'clock)

Tag = S4

Tag after walls 2, 4 and 7

Ending after last tag, face 6:00 o'clock: jazztriangle ¼ turn R – 2x

1-2 cross RF in front of LF, step LF back
3-4 turn ¼ to R, step RF to R, close LF to RF (9:00 o'clock)
5-6 cross RF in front of LF, step LF back
7-8 turn ¼ to R, step RF to R, close LF to RF (12:00 o'clock)

Last Update: 18 Nov 2023