

What a Grind

COPPER KNOB
BY STEPHEN T. C.

拍数: 16 墙数: 4 级数: Beginner
编舞者: Larry Brancheau (USA) - October 2023
音乐: Moliendo Café - José Luis Rodríguez



Forward Mambo 2x

1&2 Rock R forward, recover L, step R together (QQS)

3&4 Rock L forward, recover R, step R together (QQS)

Prissy Walk 2x

5&6 Walk forward with small steps RLR (QQS)

7&8 Walk forward with small steps LRL (QQS)

Rock Behind Mambo 2x

1&2 Rock R behind L, recover L, step R side (QQS)

3&4 Rock L behind L, recover R, step L side (QQS)

Side Together Side, Side Together ¼ Turn

5&6 Step R side, step L together, step R side (QQS)

7&8 Step L side, step R together, ¼ turn L, step L (QQS)

Repeat

Restart: Wall 6 (9:00) & Wall 11 (6:00) after section II

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Last Update: 31 Oct 2023