

Stetson

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Adia Nuno (USA) & Satu Ketellapper (NL) - October 2023
音乐: Stetson - Walker Hayes



Begin After 8 Count Intro

[1-8] Press, Sweep, Pony, Out-Out, Heel Shifts

1,2 Stepping LF in front, press weight forward, Recover on R and Sweep LF from front to back
3&4,5,6 Step LF in place and hitch R knee, repeat, Making a ¼ Turn over R shoulder step R leg to R side, Step L Leg to L Side
&7&8 Shift R Heel inward, replace weight on R, shift L heel inward, replace weight on L

[9-16] Right Sailor, Left Sailor with ¼ Turn, Point R-L-front, Chest Pump

1, 2, Step RF to back diagonal, step LF to L side, step RF to R side
3, 4 Step LF to back diagonal, making a ¼ towards 12:00 step RF to R side, step LF to L side
5,&6&7&8 Point RF to R, Step RF in, Point LF to L, step LF in, Touch RF forward while contracting chest inward, expand your chest, contract chest back in (think chest isolation)

[17-24] Step-Lock, Locking Triple, Chase Turn, Full turn

1,2,3&4 Step RF Forward towards 12:00, Lock LF behind R, Step RF forward, Lock LF behind R, Step RF forward
5,6,7 Step LF forward, ½ pivot over R shoulder to face 6:00 (weight ends on R), Step LF forward
8 Turning ¼ over L shoulder step RF side, Making ¾ turn over R shoulder step LF forward

***STYLING: Lift up on RF while making that turn so its more of a "ride"**

[25-32] Paddle Roll, Jump-Step-Kick, Ball Change, ½ Pivot

1,2,3,4 Step forward on RF rolling hips and turning 1/8 to L, Repeat to face 3:00
5&6 Jump forward onto RF, Step back on LF, Kick RF forward,
&7,8 Step RF back, Step LF forward, Turning ½ over R shoulder weight ending on RF

Adia Nuño DanceAdia@gmail.com Satu Ketellapper Satuketellapper@gmail.com