

Lonely

拍数: 32 墙数: 4 级数: Improver
编舞者: Raymond Sarlemijn (NL) - October 2023
音乐: Lonely - LIAMOO



Restart in wall 3, after 16 counts, wall 6 after 16 counts, tag in wall 9 after 16 counts.
I do not own the music

Walk, walk, mambo cross, step forward, $\frac{3}{4}$ turn right, ronde, behind side forward, cross shuffle

1 RF forward
2 LF forward
& RF step right
3 Recover weight on LF.
4 RF cross forward LF.
& $\frac{1}{2}$ turn right, LF step back.
5 $\frac{1}{4}$ turn right, ronde RF.
6 RF behind LF.
& LF step left
7 RF cross forward
& LF step left
8 RF cross forward.

$\frac{1}{2}$ turn left heel grind, behind side forward, step touch, step touch.

1 $\frac{1}{4}$ turn left, LF step forward on heel.
2 $\frac{1}{4}$ turn left, RF step right
3 LF step backwards RF
& RF step right
4 LF cross forward RF.
5 RF step right
6 LF touch RF
7 LF step left
8 RF touch LF

Touch Right & close, touch left & close, touch RF forward swivel both heels right, & touch left & close, touch right & close, LF touch forward swivel both heels to left.

1 RF touch right.
& RF close to LF
2 LF touch left.
& LF close RF.
3 RF touch forward.
& Swivel both heels to the right
4 Swivel both heels back to neutral.
& RF close to LF
5 LF touch left
& LF close RF.
6 RF touch right.
& RF close LF
7 LF touch forward
& Swivel both heels left
8 Swivel both heels neutral.

Ball change step forward, $\frac{1}{2}$ turn left, $\frac{1}{2}$ turn left RF step backwards, coaster step, kick ball touch, , swivel left,

ball change.

- & LF close RF
- 1 RF step forward.
- 2 ½ turn left.
- 3 ½ turn left, RF step backwards.
- 4 LF step backwards.
- & RF close LF
- 5 LF step forward.
- 6 RF kick forward
- & RF close LF
- 7 LF touch forward
- & Swivel both heels to the left.
- 8 Swivel both heels neutral.
- & LF close RF

Tag. Step forward, 1/2 turn left.

- 1 RF step forward
- 2 ½ turn left, LF step forward.

Start again

Last Update - 25 Oct. 2023 - R1
