

Strip That Down

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Robert Walsh (USA) - October 2023
音乐: Strip That Down - Liam Payne



Count in: 16ct intro

Notes: 2 Restarts (wall 2 after count 48, verse 3 "Quavo" after count 32. They say "Quavo" before he starts the 3rd verse of the song)

(1-8) Section 1 - Side rock, cross shuffle, point L, L home, kick ball point, ½ turn pivot

1-2 Rock RF to R side, recover LF
3&4 Cross RF over L, Step LF to L, cross RF over L
5& Point L toe to L side, Step LF next to R
6&7 Kick RF forward, Step RF fwd slightly on ball of foot, point L toe back
8 ½ turn pivot over L (transfer weight from RF to LF)

(9-16) Section 2 - Sailor step, ¼ turn sailor, Fwd rock recover, step together, back rock recover

1&2 Step RF crossing behind L, step LF beside R, step RF fwd
3&4 Step LF crossing behind R while making ¼ turn over L, step RF beside L, step LF fwd
5-6& Rock fwd on RF, recover on L, step RF next to L
7-8 Rock back on LF, recover on R

(17-24) Section 3 - Kick ball point (x2), ¾ volta turn, brush

1&2 Kick LF fwd, step LF fwd slightly, point R toe back
3&4 Kick RF fwd, step RF fwd slightly, point L toe back
5&6& ⅛ turn L step LF fwd, lock/step RF behind L, ¼ turn L step LF fwd, lock/step RF behind L
7&8& ¼ turn L step LF fwd, lock/step RF behind L, ⅛ turn L step LF fwd, brush RF next to L

(25-32) Section 4 - R mambo fwd, L coaster step, R diagonal fwd triple, L diagonal fwd step touch

1&2 Rock RF fwd, recover on L, step back on RF
3&4 Step back on LF, step RF next to L, step LF fwd
5&6 Step fwd diagonally on RF, step LF next to R, Step fwd diagonally on RF
7-8 Step fwd diagonally of LF, touch RF next to L (verse 3 "Quavo" restart here)

(33-40) Section 5 - Full turn, triple back, slide w/ foot drag L coaster step

1-2 Step back on RF while making ½ turn over R, step LF fwd while making ½ turn over R
3&4 Step back on RF, step LF next to R, step RF back
5-6 Step back on LF (sliding back) while dragging RF next to L
7&8 Step back on RF, step LF next to R, step RF fwd

(41-48) Section 6 - ¼ turn step touch, shuffle right, full hinge turn, behind side cross

1-2 Step LF to L while making ¼ turn L, touch RF next to L
3&4 Step RF to R side, step LF next to R, step RF to R
5-6 Step LF back while making ½ turn to L, step RF fwd while making ½ turn to L
7&8 Step LF crossing behind R, step RF to R, cross LF over R (restart here on 2nd time through dance- wall 2)

(49-56) Section 7 - Side rock cross w/ ¼ turn L, fwd triple, step touch w/ ¼ turn R, shuffle L

1&2 Rock RF to R side, recover on L, cross RF over L while making ¼ turn L
3&4 Step LF fwd, step RF next to L, step LF fwd
5-6 Step RF to R while making ¼ turn R, touch LF next to R
7&8 Step LF to L, step RF next to L, step LF to L

(57-64) Section 8 - Full hinge turn, behind side cross, side rock cross w/ ¼ turn R, full hinge turn

- 1-2 Step RF back while making ½ turn to R, step LF fwd while making ½ turn to R
3&4 Step RF crossing behind L, step LF to L, cross RF over L
5&6 Rock LF to L, recover on RF, cross LF over R while making ¼ turn R
7-8 Step fwd on RF while making ½ turn L, step LF back while making ½ turn L

Dance can also be done to The Way You Make Me Feel by Michael Jackson

After the first few drum hits 4 seconds into the song it will be a 48ct intro to start at the lyrics (29 seconds) No restarts on this song option

Last Update: 24 Oct 2023
