

It Aint Easy

拍数: 48 墙数: 2 级数: Improver
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音乐: Easy - Alexandra Kay



#32 count intro - No tags/No restarts

[1-8] Rock R, shuffle half, step L half turn R shuffle L forward

1,2,3&4 Rock R forward, recover on L, half turn to R stepping R, step L next to R, step R forward (6:00)

5,6,7&8 Step L forward, half turn to R, step L forward, step R next to L, step L forward (12:00)

[9-16] Cross R, point L, cross L, point R, Jazz box ¼ turn R

1,2,3,4 Step R over L, point L to L side, cross L over R, point R to R side-sweep into cross over L

5,6,7,8 Cross R over L, step back L, step R to side turning ¼ to R (3:00) cross L over R

[17-24] Rumba box R with shuffles

1,2,3&4 Step R to R, step L next to R, step back R, step L next to R, step back R

5,6,7&8 Step L to L, step R next to L, step forward L, step R next to L, step forward L

[25-32] Half turn L 2X, rock R coaster step

1,2,3,4 Step forward R, turn ½ L - 2X (back on 3:00)

5,6,7&8 Rock R forward, recover L, step back R, step L next to R, step R forward

[33-40] Step scuff/clap L then R, step L 1/4 R, cross shuffle L

1,2,3,4 Step forward L, scuff R with a clap, Step forward R, scuff L with a clap

5,6,7&8 Step L forward, turn 1/4 to R keeping weight on R (6:00) step L over R, step R next to L, step L over R

[41-48] Rock R behind side cross, Vine L with scuff

1,2,3&4 Rock R to R, recover L, step R behind L, step L to L, step R over L

5,6,7,8 Step L to L, step R behind L, step L to L, scuff R

Last Update: 30 Oct 2023