

Rindu

拍数: 64 墙数: 0 级数: Phrased Improver
编舞者: Bambang Satiyawan (INA) - March 2023
音乐: Rindu - Iis Dahlia



Intro dance(8 counts), A(16 counts), B(16 counts), C(16 counts), D(16 counts),Tag

Dance Sequence: Intro (x4)-Tag1-A-B-C-Tag1-A(12 counts)-Tag1-A(12 counts)-Tag 2-D-A-Tag1-A(12 counts)-Tag3-C

Start dance after 16 counts,

Intro Dance.

Section I. V STEP-SIDE MAMBO

1 - 2 Step RF diagonal forward Step LF diagonal forward
3 - 4 Step RF back to center, Close LF beside RF
5&6 Step RF to side, Step LF in place, Close RF beside LF
7&8& Step LF to side, Step RF in place, Close LF beside RF, Touch RF beside LF

Part A.

Section I. CROSS ROCK RECOVER-SIDE-BOTAFOGO-CROSS ROCK RECOVER-SIDE-BOTAFOGO

1&2& Rock RF over LF, Recover on LF, Rock RF to side, Recover on LF
3&4 Cross RF over LF, Ball LF to side, Step RF in place
5&6& Rock LF cross over RF, Recover on RF, Rock LF to side, Recover on RF
7&8 Cross LF over RF, Ball RF to side, Step LF in place

SECTION II. BOTAFOGO (R-L)-MODIFIED JAZZBOX

1&2 Cross RF over LF, Ball LF to side, Step RF in place
3&4 Cross LF over RF, Ball RF to side, Step LF in place
5&6& Touch RF cross over LF, Step RF in place, Touch LF back, Step LF in place
7&8& Touch RF to side, Step RF in place, Touch LF forward, Step LF in place

PART B.

SECTION I. STOMP-HOLD WITH CHEST CONTRACT-ROCKING CHAIR-PADDLE TURN

1 - 2 Stomp RF to side, Hold
3 - 4& Push your chest forward 3 times following the accents of music
5&6& Rock RF forward, Recover on LF, Rock RF back, Recover on LF
7&8& Step RF forward, Turn 1/4 left Step LF in place, Step RF forward, Turn 1/4 left Step LF in place

SECTION II. ROCKING CHAIR-PADDLE TURN-SKATE

1&2& Rock RF forward, Recover on LF, Rock RF back, Recover on LF
3&4& Step RF forward, Turn 1/4 left Step LF in place, Step RF forward, Turn 1/4 left Step LF in place
5 - 6 Skate RF diagonal forward, Skate LF diagonal forward
7 - 8 Skate RF diagonal forward, Skate LF diagonal forward

PART C

SECTION I. TURN AND SYNCOPATED LOCK SHUFFLE-TURN AND ROCKING CHAIR

1&2& Turn 1/4 right Step RF forward Lock LF behind RF, Step RF forward, Lock LF behind RF
3&4 Step RF forward, Lock LF behind RF, Step RF forward
5&6& Turn 1/4 left Rock LF forward, Recover on RF, Rock LF back, Recover on RF
7&8& Rock LF forward, Recover on RF, Rock LF back, Recover on RF

SECTION II. TURN AND SYNCOPATED LOCK SHUFFLE-TURN AND ROCKING CHAIR

1&2& Turn 1/4 left Step LF forward, Lock RF behind LF, Step LF forward, Lock RF behind LF
3&4 Step LF forward, Lock RF behind LF, Step LF forward
5&6& Turn 1/4 right Rock RF forward, Recover on LF, Rock RF back, Recover on LF
7&8& Rock RF forward, Recover on LF, Rock RF back, Recover on LF

PART D.

SECTION I. SAMBA WHISK-SAMBA WHISK TURN (X2)

1 a2 Step RF to side, Ball LF behind RF, Step RF in place
3 a4 Turn 1/4 left Step LF to side, Ball RF behind LF, Step LF in place
5 a6 Step RF to side, Ball LF behind RF, Step RF in place
7 a8 Turn 1/4 left Step LF to side, Ball RF behind LF, Step LF in place

SECTION II.

Repeat SECTION I.

TAG1:

PIVOT X2-SIDE TOUCH-CLOSE-SIDE TOUCH-CLOSE-SIDE TOUCH-HITCH-SIDE TOUCH-HITCH-SIDE TOUCH WITH BODY ROLL

1 - 2 Step RF forward, Turn 1/2 left Step LF in place
3 - 4 Step RF forward, Turn 1/2 left Step LF in place
5&6& Touch RF to side, Close RF beside LF, Touch LF to side, Close LF beside RF
7&8& Touch RF to side, Hitch RF, Touch RF to side, Hitch RF
1 - 4 Touch RF to side by doing body weave

TAG2:

JAZZBOX

1 - 2 Cross RF over LF, Step LF back
3 - 4 Step RF to side, Step LF forward

TAG3:

TURN AND PIVOT

1 - 2 Turn 1/4 left Step RF forward, Turn 1/2 left Step LF in place

Enjoy the dance, Contact person : bambang.1709@gmail.com
